Under the Patronage of His Excellency
Dr. Rakan Nassereldine
Minister of Public Health

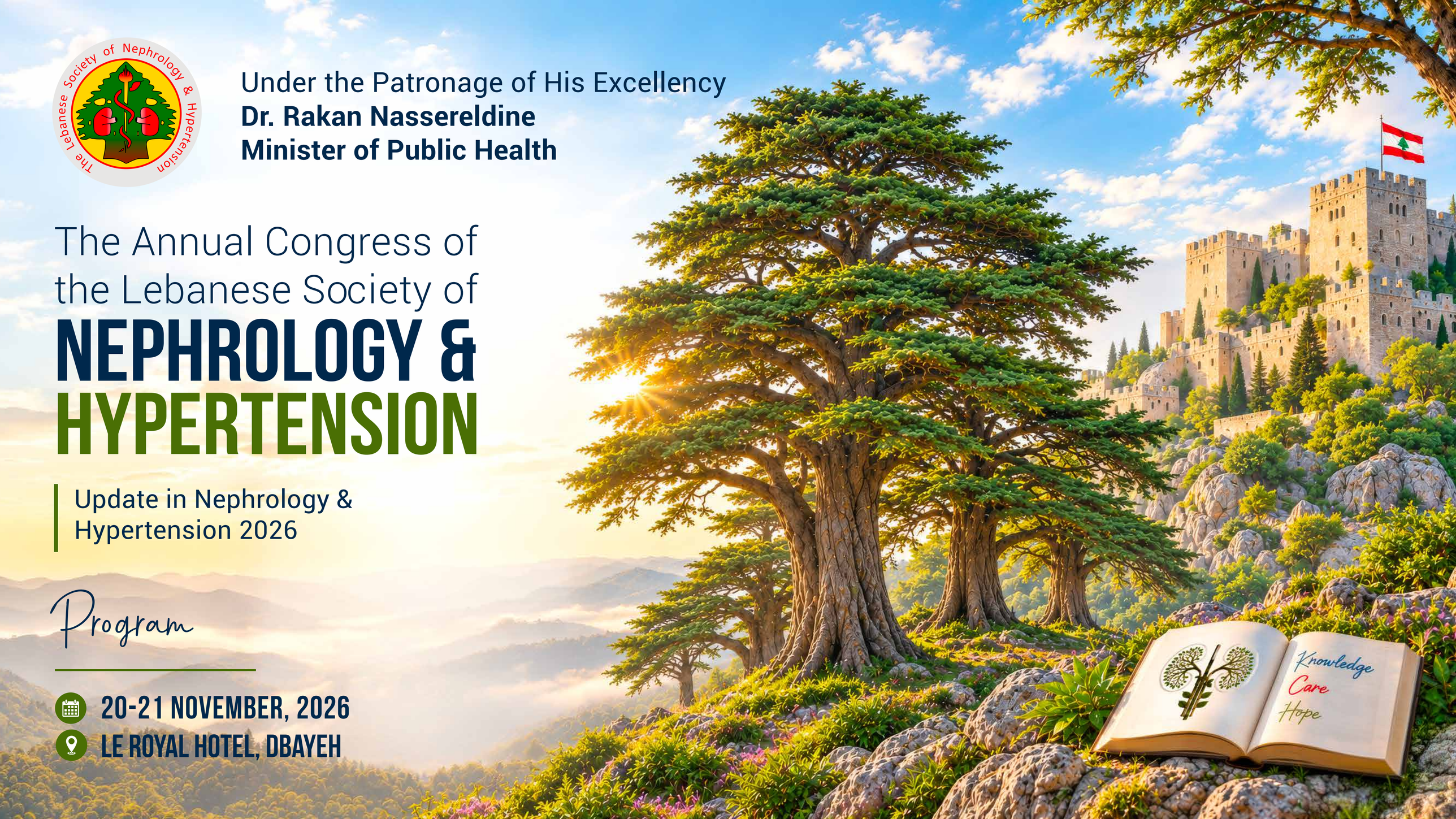
The Annual Congress of
the Lebanese Society of

NEPHROLOGY & HYPERTENSION

Update in Nephrology &
Hypertension 2026

Program

20-21 NOVEMBER, 2026
LE ROYAL HOTEL, DBAYEH



WELCOME LETTER

Dear Colleagues and Friends,

On behalf of the Lebanese Society of Nephrology and Hypertension organizing committee, it is my privilege and a great pleasure to welcome you to our **Annual Congress: Update in Nephrology & Hypertension 2026**, taking place on **20–21 November at Le Royal Hotel, Dbayeh.**

We are honored to hold this year's congress **under the patronage of His Excellency, the Minister of Public Health, Dr. Rakan Nassereldine**. We extend our deepest gratitude to him for his support of the LSNH, of the medical community in Lebanon, and of our patients

This year, the Scientific Committee has prepared a stimulating program that reflects the breadth of our specialty. Over two days, we will explore the breakthroughs in nephrology, dialysis, transplantation, and hypertension as well as in onco nephrology, critical care, kidney in pregnancy, and the lifelong journey of childhood-onset kidney diseases. A dedicated parallel session for nurses highlights the essential role of our nursing colleagues.

We are delighted to welcome distinguished speakers from Lebanon and abroad, and we thank them for their availability and for generously sharing their expertise. We extend our deep gratitude to all the moderators for their commitment and to the organizing team

May these two days bring meaningful scientific exchange, new connections, and renewed inspiration under our motto of: Knowledge, Care, and Hope!

We wish you a stimulating and rewarding congress experience.

With warm regards,

Dania Nehmé Chelala, MD
President, Lebanese Society of Nephrology and Hypertension

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- Siba Kallab, MD
- Zeina Mechref, MD

FRIDAY 20 NOVEMBER, 2026

08:30	**Registration**	
08:50 - 09:00	**Welcome Note**	
SESSION I	**Cardiovascular-Kidney-Metabolic Syndrome** *Moderators: Haytham Fatfat, MD - Hiba Azar, MD*	
09:00 - 09:20	CKM and the Heart: What Nephrologists Should Know?	Tony Abdel Massih, MD
09:20 - 09:40	CKM and the Liver: What Nephrologists Should Know	Maria Gemayel, MD
09:40 - 10:00	Blood Pressure and Beyond: Rethinking Outcome Optimization in CKD	Hussein Karnib, MD
10:00 - 10:05	Q&A	
10:05 - 10:30	**Lecture Supported by Holmed-Bayer** CKM: Update on Management	Robert Najem, MD
10:30 - 10:45	*Coffee Break*	

FRIDAY 20 NOVEMBER, 2026

SESSION II — Peritoneal Dialysis

Moderators: Robert Najem, MD - Saade Abboud, MD

10:45 - 11:10	**Lecture Supported by Vantive** Urgent Start PD	Ali Abu-Alfa, MD
11:10 - 11:30	PD Prescription for Adults	Hiba Azar, MD
11:30 - 11:35	Q&A	

SESSION III — Pathology Session

Moderators: Georges Aftimos, MD - Ali Abu-Alfa, MD

11:35 - 12:35	Clinical Cases	Hala Kassouf, MD Christian Kazan, MD Hussein Nassereddine, MD Zarouhie Bedoyan, MD

12:35 - 13:35 OPENING CEREMONY

Master of Ceremony	Mohammad Abdallah, MD
Address of the President of the Lebanese Society of Nephrology & Hypertension	Dania Chelala, MD
Address of the President of the order of Physicians Beirut	Elias Chelala, MD
Address of the Minister of Public Health H.E Rakan Nassereldine	Bernard Ghanem, MD
Honoring Ceremony Dr Joseph Kassouf	Kamal Bou Chahine, MD

FRIDAY 20 NOVEMBER, 2026

	LSNH Website Updates	Zeina Mechref, MD
	Keynote Lecture: AI in Nephrology *Moderator: Antoine Barbari, MD*	Sola Aoun Bahous, MD
13:35 - 14:35	*Lunch Break*	
	Moderator: Ghadir Allaoue, MD	
14:35 - 15:10	**Symposium Supported by Arwan Pharmaceutical Industries** Beyond the Biomarker: Target Hemoglobin, Quality of Life, and the New CKD Anemia Guidelines	Ibrahim Abdo, MD
15:10 - 15:40	**Symposium Supported by Abbott** A Round in the specturm of HTN	Houssam Rabah, MD
SESSION IV	**Onconephrology** *Moderators: Micheline Mia Kotait, MD - Ahmad Mroue, MD*	
15:40 - 16:00	General Overview of Onconephrology	Abdallah Geara, MD
16:00 - 16:20	Renal Toxicity of Checkpoint Inhibitors	Julie Bellière, MD
16:20 - 16:40	Renal Toxicity of TKI	Hamza Saki, MD
16:40 - 16:45	Q&A	
16:45 - 17:15	**Symposium Supported by Boehringer** Empagliflozin ExTENded Benefit on the Heart & Kidneys: A Decade of Cardiorenal Protection	Dania Chelala, MD

FRIDAY 20 NOVEMBER, 2026

17:15 - 17:35	*Coffee Break*	
17:35 - 18:05	**Symposium Supported by Fresenius** Value-Based Procurement for HVHDF	Mr. Ahmed Hammeed
SESSION V	**Clinical Nephrology** *Moderators: Najate Joubran Fares, MD - Nadine Bassil, MD*	
18:05 - 18:25	Update in Membranous Glomerulopathy	Arif Khwaja, MD
18:25 - 18:45	Polycystic Kidney Disease	Fouad Chebib, MD
18:45 - 18:50	Q&A	

SATURDAY, 21 NOVEMBER, 2026

08:30	**Registration**	
SESSION I	**Critical Care in Nephrology** *Moderators: Kamal Bou Chahine, MD - Saad Bou Hammim , MD*	
09:00 - 09:20	Hepatorenal Syndrome	Najat Joubran Fares, MD
09:20 - 09:40	CRRT in ICU	Hicham Cheikh Hassan, MD
09:40 - 09:45	Q&A	
09:45 - 10:10	**Lecture Supported by AstraZeneca** Thrombotic Microangiopathy	Enrique Morales, MD
SESSION II	**Bridging the Gap: Navigating through the Lifelong Journey of Childhood-Onset Kidney Diseases** *Moderators: Dima Kayal, MD - Rachad Alameddine, MD*	
10:10 - 10:30	Growing Up with CAKUT	Pauline Abou Jaoude, MD
10:30 -10:50	Growing up with Hereditary Kidney Disease	Ramy Ghabril, MD
10:50 - 11:10	Hyperoxaluria Type 1 in the Era of Gene Therapy	Chebl Mourani, MD
11:10 - 11:30	Passing the Kidney Torch: Transition from Pediatric to Adult Care	Maha Kanaan, MD
11:30 - 11:35	Q&A	
11:35 - 11:55	*Coffee Break*	

SATURDAY 21 NOVEMBER, 2026

SESSION III — High Quality Care in Hemodialysis

Moderators: Amr Hussein, MD - Serge Finianos, MD

11:55 - 12:15	Optimizing HD Adequacy	Houssam Rabah, MD
12:15 - 12:35	Vascular Calcifications on HD	Hisham El Sayed, MD
12:35 - 12:55	Dialysis in the Elderly: Should we Dialyze Differently?	Mohamad Ghnaimat, MD
12:55 - 13:00	Q&A	

13:00 - 13:35	**Lecture Supported by NovoNordisk** A Transformative Approach Across the CKM Continuum	Mireille El Amm, MD

13:35 - 14:05 — *Brunch Break*

14:05 - 14:35	**Symposium Supported by AstraZeneca** From Evidence to Impact: Dapagliflozin in the Evolving CKD Landscape	Sola Aoun Bahous, MD

SESSION IV — Pregnancy and the Kidney

Moderators: Beatrice Karam, MD - Zeina Mechref, MD

14:35 - 14:55	From Normal Physiology to Pathophysiology of Preeclampsia	Assaad Kesrouani, MD
14:55 - 15:15	Preeclampsia: Risk Stratification and Management	Bisher Kawar, MD
15:15 - 15:35	Pregnancy in CKD, KT Recipients and HD Patients	Aude Servais, MD
15:35 - 15:40	Q&A	

SATURDAY 21 NOVEMBER, 2026

SESSION V

Challenges in Kidney Transplantation

Moderators: Siba Kallab, MD - Norma Ghosn, MD

15:40 - 16:00	Difficult Cases for Kidney Transplantation: How to Overcome Them?	Lionel Rostaing, MD
16:00 - 16:20	Recurrent Glomerulonephritis After Kidney Transplantation	Mohamad Salah El Din Zaki, MD
16:20 - 16:40	Cancer and Kidney Transplantation	Mohamad Zeidan, MD
16:40 - 16:45	Q&A	

16:45	Closing Ceremony

SATURDAY 21 NOVEMBER, 2026

Parallel Session For Nurses

09:00 - 09:45	CKD - Associated Pruritus: from Patient Burden to Nursing Action	Nancy Helou, PhD,MS,BSN, Full Professor UAS, HESAV / HES-SO
09:45 - 10:25	Clinical Challenges in Nephrology and Dialysis: From Assessment to Management Through Case-Based Learning	Hanadi Mezher RN ,BSN,MPH Zainab Moukalled RN ,BSN,HCQM

Arwan

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