Under the Patronage of the President of
the Lebanese Order of Physicians-Beirut
Prof. Elias Chelala

23rd LEBANESE SOCIETY OF GENERAL PRACTICE *National Congress*

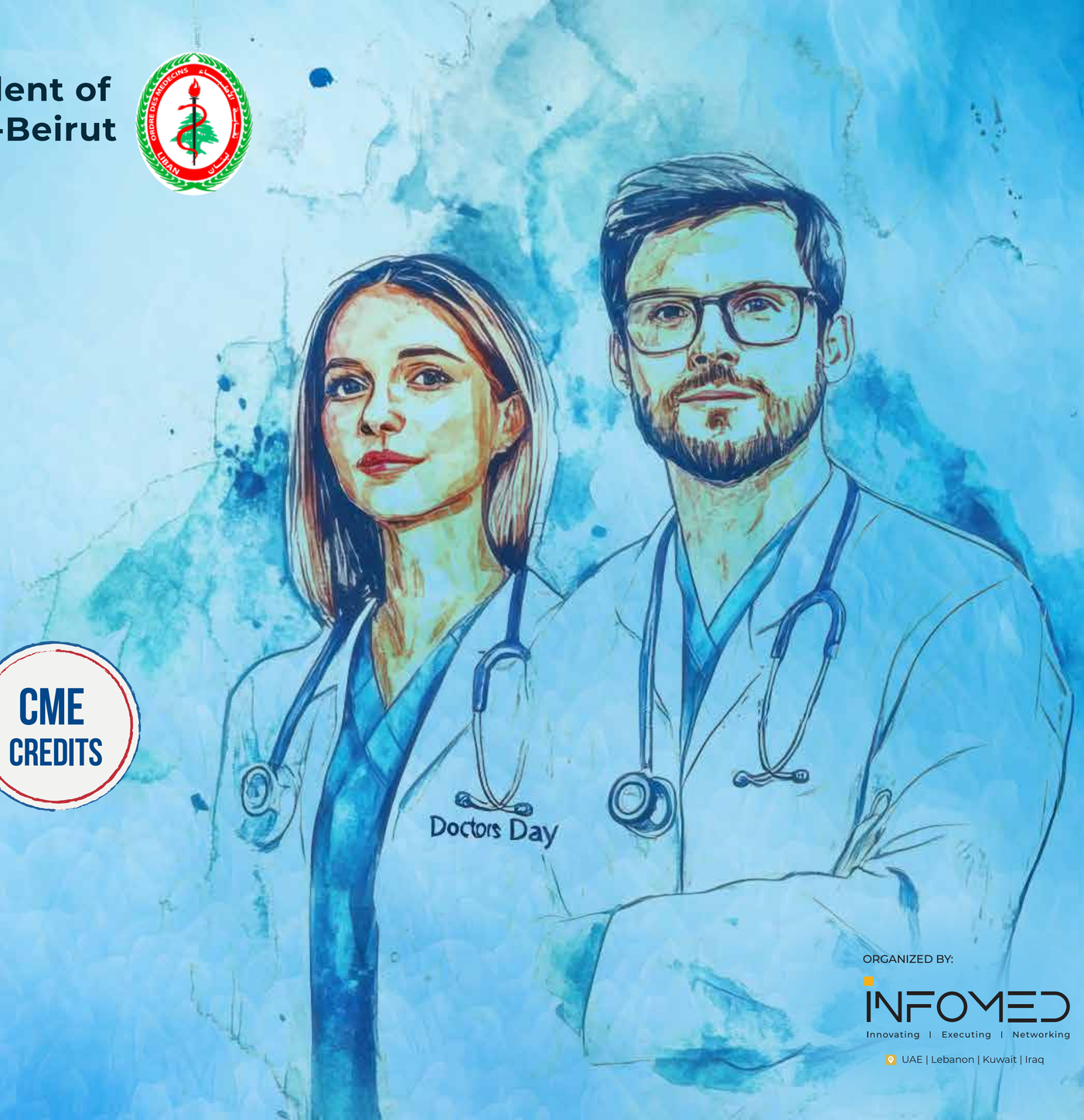
HIGHLIGHTS ON UPDATES IN DAILY PRACTICE

CME CREDITS

Program

23 OCTOBER | VIRTUAL
24 OCTOBER | FACE TO FACE

BEIT ATTABIB



ORGANIZED BY:

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23rd LEBANESE SOCIETY OF GENERAL PRACTICE
National Congress

Dear colleagues,

The 23rd Congress of the LSGP takes place this year in spite of all what our beloved country Lebanon is going through. Our Congress Highlights on Updates in Daily Practice aims at developing physicians' skills in order to stay up to date with the latest scientific recommendations to deliver the best medical service to the patients

We cannot but thank the physicians for their commitment and their sacrifices in their work despite the economic hardship and unstable security state with all the difficult circumstances that are escalating

Your presence and active participation are the cornerstone that will enrich the discussions and lead to the success of the congress.

Looking forward to welcome you all.

Warm regards,

Ibtissam Badran, MD
President of the L.S.G.P.

Organizing Committee

Ibtissam Badran, MD
President of the L.S.G.P.

Habib Hazkial, MD
President of the Scientific Committee

Walid Abi Antoun, MD
Member

Khalil El Zein, MD
Member

Yousra Chit, MD
Secretary

Nabil Baderdine, MD
Member

Nazih Issa, MD
Treasurer

Walid Dalle, MD
Member

ستقوم الجمعية اللبنانية بتسديد اشتراك الجمعية السنوي 2026 للمشاركين في المؤتمر

23rd LEBANESE SOCIETY OF GENERAL PRACTICE
National Congress

FRIDAY 23 OCTOBER 2026 - VIRTUAL

16:30 - 16:40	Welcome Remark	Ibtissam Badran, MD
16:40 - 17:00	Lifestyle Medicine In the Prevention of Non-Communicable Diseases	Mona Osman, MD
17:00 - 17:20	Brain Imaging in Demantia	Assaad Mohanna, MD
17:20 - 17:40	Rethinking Osteoporosis Management: New Evidence, New Strategies	Asma Arabi, MD
17:40 - 18:00	Redefining Lipid Management in Primary Care	Perele El Hajj, MD
18:00 - 18:20	Why Do we Need Vaccination?	Hanane Masri, MD
18:20 - 18:50	The Asthma standard: No Debate *Symposium Supported by Astra Zeneca*	Ali Raad, MD
18:50 - 19:20	Think Earlier, Act Earlier: Role of early use of Jardiance for Better Cardiorenal Outcomes across CRM *Symposium Supported by Boehringer Ingelheim*	Bernard Harbieh, MD

FRIDAY 23 OCTOBER 2026 - VIRTUAL

19:20 - 19:40	Immunotherapy and Targeted Therapy: An Overview of Modern Cancer Treatment	Bassam Matar, MD
19:40 - 20:10	Translating Evidence to Practice: Optimizing Early Management in Prediabetes *Symposium Supported by Merck*	Youssef Obeid, MD
20:10 - 20:30	Treatment of Asymptomatic Bacteriuria	Jacques Choucair, MD
20:30 - 20:50	Preserve the Muscle, Preserve Independence	Khalil Ghoussoub, MD
20:50	Closing Remarks	

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SATURDAY 24 OCTOBER 2026 - BEIT ATTABIB

08:00 - 08:30	Registration	
08:30 - 08:50	Clinical Cases in Hematology 2 no	Fady Haddad, MD
08:50 - 09:10	Update on Low Back Pain and Lumbar Disc Herniation: From Diagnosis to Management	Elie Samaha, MD
09:10 - 09:30	3 Minutes of Your Time to Save a Diabetic Foot From Amputation	Jamil Halabi, MD
09:30 - 10:00	Turn off the Burn : The Role of PPI in GERD Management *Symposium Supported by Algorithm*	Fady Haddad, MD
10:00 - 10:30	Diagnostic Dilemmas and Management of Upper Respiratory Airway Diseases *Symposium Supported by Abbott Laboratory*	Usamah Al Hadi, MD
10:30 - 11:00	A New Fixed Dose Combination for Hypertension Management *Symposium Supported by Merck*	Romel El Zined, MD

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SATURDAY 24 OCTOBER 2026 - BEIT ATTABIB

11:00 - 11:25	Coffee Break	
11:25 - 11:55	**Rethinking CKD Care with Dapagliflozin** *Symposium Supported by Astra Zeneca*	Ibrahim Abdo, MD
11:55 - 12:15	GLP-1 Agonist: An Update	Youssef Hazimeh, MD
12:15 - 12:45	**Holistic T2D Care with Dapagliflozin** *Symposium Supported by Astra Zeneca*	Dina Maddah, MD
12:45 - 13:05	**Where do we Stand Now for the Management of High Blood Pressure** *Symposium Supported by Abbott Laboratory*	Tony Abdel Massih, MD
13:05 - 13:25	Opening Ceremony	
13:25 - 14:25	Lunch Break	

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SATURDAY 24 OCTOBER 2026 - BEIT ATTABIB

14:25 - 15:00	A Transformative STEP in Weight Management *Symposium Supported by Novo Nordisk*	Perele ElHajj, MD
15:00 - 15:20	The Triage & Treat Toolkit: Your Decisive Guide to GI Symptoms	Sarkis Khoury, MD
15:20 - 15:40	Social Media and Mental Health: What Every GP Needs to Know	Fadel Shihimi, MD
15:40 - 16:00	Modern Spine Surgery : What Has Changed And Why it Matters	Camille Samaha, MD
16:00 - 16:25	Coffee Break	
16:25 - 17:25	Extended Benefit on the Heart & Kidneys: From EMPAREG OUTCOME to EMPEROR & EMPAKIDNEY *Symposium Supported by Boehringer Ingelheim*	Carole Saade Riachy, MD Nina Mrad, MD
17:25	Closing With "**Grateful Joy And Happiness**"	

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