



Lebanese Society of Rheumatology
الجمعية اللبنانية لأمراض المفاصل والروماتيزم
Société Libanaise de Rhumatologie

THE LEBANESE SOCIETY OF RHEUMATOLOGY ANNUAL MEETING



PROGRAM

OCTOBER

 **10** 2026

Crowne Plaza 
Hotel

WELCOME LETTER



Lebanese Society of Rheumatology
الجمعية اللبنانية لأمراض المفاصل والروماتيزم
Société Libanaise de Rhumatologie

Dear Colleagues and Friends,

We are delighted to invite you to Save the Date for the **Lebanese Society of Rheumatology Annual Meeting**, taking place on **October 10, 2026** at the **Crowne Plaza Hotel**.

This year's meeting will feature a rich scientific program, including Rheumatoid Arthritis, Psoriatic Arthritis, Spondyloarthritis, Lupus, Gout, Lung Fibrosis.

Join us for this exceptional gathering of experts, researchers, and clinicians as we advance our shared commitment to excellence in rheumatology.

Stay tuned for further details and mark your calendars today!

Warm regards,



Kamel Mroue', MD

President of the Lebanese Society of Rheumatology

BOARD



Lebanese Society of Rheumatology
الجمعية اللبنانية لأمراض المفاصل والروماتيزم
Société Libanaise de Rhumatologie



KAMEL MROUE', MD
President



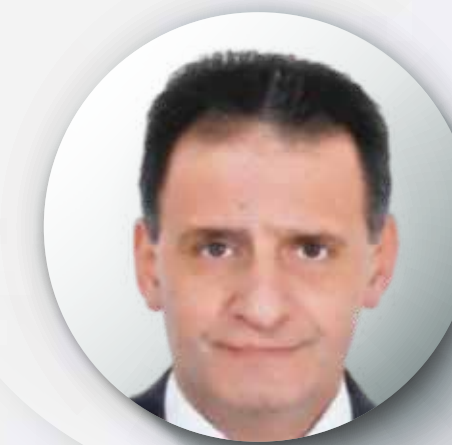
GHADA ABI KARAM, MD
Secretary



KRYSTEL AOUAD, MD
Treasurer



LAMA AZAR, MD
Vice President



KHALIL GHOUSSOUB, MD
Member

ORGANIZING COMMITTEE



Lebanese Society of Rheumatology
الجمعية اللبنانية لأمراض المفاصل والروماتيزم
Société Libanaise de Rhumatologie



GHADA ABI KARAM, MD



KHALIL GHOUSSOUB, MD



MOHAMAD ALI RIDA, MD

SCIENTIFIC COMMITTEE



LAMA AZAR, MD



IMAD UTHMAN, MD



NELLY ZIADE, MD



KRYSTEL AOUAD, MD

PROGRAM



Lebanese Society of Rheumatology
الجمعية اللبنانية لأمراض المفاصل والروماتيزم
Société Libanaise de Rhumatologie

08:00 - 09:00

Registration

09:00 - 09:10

Welcome

SESSION 1

Moderators: Kamel Mroue', MD - Yehia Saleh, MD - Magda Choueiri, MD

09:10 - 09:35

Autoinflammatory Diseases: Lessons from Pediatric Rheumatology

RASHA TOHME, MD

09:35 - 10:00

Diagnostic Pitfalls in Polymyalgia Rheumatica

**GUILLERMO CARVAJAL
ALEGRIA, MD**

10:00 - 10:25

Calcium Pyrophosphate Deposition Disease:
Diagnostic and Therapeutic Challenges

**GUILLERMO CARVAJAL
ALEGRIA, MD**

10:25 - 11:00

COFFEE BREAK

PROGRAM



Lebanese Society of Rheumatology
الجمعية اللبنانية لأمراض المفاصل والروماتيزم
Société Libanaise de Rhumatologie

SESSION 2

Moderators: Ali Mahmoud, MD - Kassem El Arab, MD - Nathalie Khoury, MD

11:00 - 11:25

2026 Updates on Antiphospholipid Syndrome

IMAD UTHMAN, MD

11:25 - 11:50

From Participants to Partners:
Elevating the Patient voice in Rheumatology

KRYSTEL AOUAD, MD

11:50 - 12:15

Systemic Sclerosis: Treatment Updates Across Organ Domains

MOHAMAD ALI RIDA, MD

12:15 - 12:45

Satellite Symposium Boehringer Ingelheim
CTD-ILD Through the Rheumatologist's Lens:
The Emerging Role of Nerandomilast

NELLY ZIADE, MD

12:45 - 13:00

Q&A

PROGRAM



Lebanese Society of Rheumatology
الجمعية اللبنانية لأمراض المفاصل والروماتيزم
Société Libanaise de Rhumatologie

13:00 - 14:00

LUNCH

14:00 - 14:30

Satellite Symposium J&J

Moderator: Jamil Messayke, MD

Psoriatic Arthritis: Advancing Treatment Goals and Patient Outcomes
Clinical Evidence with Guselkumab (TREMFYA®)

LAMA AZAR, MD

14:30 - 14:45

Q&A

SESSION 3

Moderators: Jamil Messayke, MD - Omar Hamzeh, MD - Maria Ramia, MD

14:45 - 15:10

Baropodometry in Rheumatology:
What the Rheumatologist Needs to Know

JAD OKAISS, MD
MICKEL ASSALY, MD

15:10 - 15:35

Axial Spondyloarthritis:
Global Updates and Insights from the PROSPA Cohort

NELLY ZIADE, MD

PROGRAM



Lebanese Society of Rheumatology
الجمعية اللبنانية لأمراض المفاصل والروماتيزم
Société Libanaise de Rhumatologie

15:35 - 16:00

COFFEE BREAK

SESSION 4

Moderators: Khalil Ghoussoub, MD - Laure Irani, MD - Elie Alam, MD

16:00 - 16:25

Integrating Physiotherapy in Rheumatic Disease Management:
Evidence-Based Approaches

CHARBEL NAJM, DPT, PHD

16:25 - 16:50

Update of SLE Treatment in 2026

LAURENT ARNAUD, MD

16:50 - 17:15

Masquerade of Autoimmune Diseases: Mimickers for Rheumatologists

LAURENT ARNAUD, MD

17:15

CLOSING



Boehringer
Ingelheim

Johnson & Johnson
Innovative Medicine

ALGORITHM
PHARMACEUTICAL MANUFACTURERS



SANDOZ



LPHARM

mersaco
BEYOND CARE



ORGANIZED BY:

INFOMED
Innovating | Executing | Networking

UAE | Lebanon | Kuwait | Iraq