

Under the Patronage of His Excellency
Dr. Rakan Nassereddine
Minister of Public Health

17th Annual Congress of the **LEBANESE SOCIETY OF ALLERGY & IMMUNOLOGY**

PROGRAM

October 09 - 10, 2026
Beit Attabib, Beirut

8
CME
Credits

 FRIDAY OCTOBER 9, 2026

14:00 - 14:30	Registration & Welcome Coffee	
14:30 - 14:55	The Allergic Patient: Connecting the Airway, the Skin & the Gut	Fares Zaitoun, MD
SESSION I	ALLERGIC RHINITIS - FROM GUIDELINES TO IMMUNOTHERAPY	
Moderators	Carla Irani, MD - Georges Dib, MD	
15:00 - 15:20	The Child with Rhinitis: ARIA Updates, Diagnosis and the Allergy Mimics	Gabriel Dunya, MD
15:20 - 15:40	Allergen Sensitization Patterns in the Middle East: 2026	Maryam Al Nesf, MD
15:40 - 16:00	When to Initiate Allergen Immunotherapy: The Window of Opportunity Concept	Olga Nahas, MD
16:00 - 16:20	<i>Symposium Supported by Nestlé Purina Pro Plan</i> Breaking the Allergy Cycle: Reducing Cat Allergens With LiveClear	Mira Tabet, DMV, PhD

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16:20 - 16:40  Coffee Break		
SESSION II	URTICARIA & ANGIOEDEMA	
Moderators	Lynn Abdo, MD - Maya Halabi, MD	
16:40 - 17:00	Chronic Spontaneous Urticaria: AAAAI/EAACI 2026 Guideline Highlights	Tony El Murr, MD
17:00 - 17:20	When Mast Cells Go Wild: From Activation to Disease	Marylin Karam, MD
17:20 - 17:40	Plenary Lecture: Precision Medicine in Allergy: From Phenotype to Endotype-Guided Biologic Therapy	Mona Al Ahmad, MD

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SESSION III ASTHMA - PHENOTYPING, BIOLOGICS & UNIFIED AIRWAY MANAGEMENT		
Moderators	Hind Eid, MD - Toufic Chaaban, MD	
17:40 - 18:00	Asthma Phenotyping in 2026: Eosinophilic vs. T2-Low Disease	Georges Juvelikian, MD
18:00 - 18:20	Anti-IL-5, Anti-IL-4Ra & Anti-TSLP: Choosing the Right Biologic	Moussa Riachi, MD
18:20 - 18:40	Allergen Immunotherapy in Allergic Asthma: GINA Guidelines Updates	Mona Al Ahmad, MD
18:40 – 19:10	<i>Symposium Supported by AstraZeneca</i> Moving Forward for Severe Asthma Patients	Carla Irani, MD
19:10	Opening Ceremony	

 SATURDAY OCTOBER 10, 2026

08:30 - 09:00 Registration & Morning Coffee		
SESSION I	PRIMARY IMMUNODEFICIENCY	
Moderators	Mrs. Roula Mouawad - Raymond Mikhael, MD	
09:00 - 09:20	PID: Recognition in Primary Care	Georges Maalouly, MD
09:20 - 09:40	Association of Lebanese Patients with Primary Immunodeficiency	Hala Maadad Takieddine, ACC
09:40 - 10:00	Immunoglobulin Replacement: SC vs. IV - A Patient-Centered Choice	Carla Irani, MD
10:00 - 10:20	Artificial Intelligence and Digital Tools in Allergy and Immunology	Pierre Hage, MD

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SESSION II ATOPIC DERMATITIS - PATHOGENESIS, BIOLOGICS & BEYOND		
Moderators	Rafic Shammaa, MD - Racha Dib, MD	
10:20 - 10:40	Atopic Dermatitis Pathogenesis: Skin Barrier, T2 Inflammation & the Exposome	Marilyn Karam, MD
10:40 - 11:00	AD Guidelines: Severity Scores, Topical Therapies & Escalation Steps: LebRAD Registry	Jinane Khoury, MD
11:00 - 11:20	Contact Dermatitis: Insights from my Patch Test Cases	Maya Habre, MD
11:20 - 11:40	 Coffee Break	
11:40 - 12:00	Role of Respiratory and Food Allergens in AD	Stephanie Daccache, MD
12:00 - 12:20	Pulmonary Function Testing in Allergy Practice	Silvana El Zoghbi, MD, PhD
12:20 - 12:40	<i>Symposium Supported by Biologix</i> "From Sneeze to Relief": Tiny Allergens, Big Impact: Exploring How HDM Allergy Shapes Children's Lives	Pierre Hage, MD

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SESSION III FOOD ALLERGY - PREVENTION, OIT & EMERGING BIOLOGICS		
Moderators	Toufic Mouchaty, MD - Fares Zaitoun, MD	
12:40 - 13:00	Food Allergy in Practice	Rita Bou Chebl, MD
13:00 - 13:20	Natural History and Early Intervention in Food Allergy	Anne Marie Irani, MD
13:20 - 13:40	Non-IgE-Mediated Food Reactions	Noelle Asmar, MD
13:40 - 15:10	 Lunch Break	

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SESSION IV IMMUNE DYSREGULATION BEYOND ALLERGIES		
Moderators	Elissar Dagher, MD - Roudi Issa, MD	
15:10 - 15:30	Autoinflammatory Diseases	Bertha-Maria Nassani, MD
15:30 - 15:50	Allergy in Pregnancy	Wael Abdallah, MD
15:50 - 16:10	Challenging Cases in Allergy and Immunology	Residents
16:10	Closing Ceremony	

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