



21st Annual Meeting of the *Lebanese Orthopaedic Society*

PROGRAM

16
CME CREDITS



2-3 October, 2026



Le Royal Hotel, Dbayeh

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MESSAGE FROM THE PRESIDENT OF THE LEBANESE ORTHOPAEDIC SOCIETY

Dear Colleagues and Friends,

It is my great pleasure to welcome you to this important scientific gathering, which brings together distinguished orthopaedic surgeons, specialists, and colleagues from Lebanon.

Our meetings provide a valuable opportunity to exchange knowledge, share experience, discuss the latest advances in orthopaedic surgery, and strengthen the professional and scientific bonds within our community. Beyond the scientific program, they also remind us of the importance of collaboration and continuous education in improving the care we provide to our patients.

I would like to express my sincere appreciation to the Chairmen of Sessions for their dedication and efforts in preparing this program, and to all our invited speakers and participants for contributing their expertise and enthusiasm.

I wish you all a fruitful and rewarding meeting, with stimulating scientific discussions, meaningful exchanges, and lasting professional connections.

I look forward to welcoming you and sharing together another successful chapter in the continuing development of orthopaedics in Lebanon.

With my warmest regards,

Prof. Amer Abdallah

President

Lebanese Orthopaedic Society

DAY 1 | FRIDAY 2nd OCTOBER, 2026

08:30 - 09:00		Registration			
SESSION I		TRAUMA		ROOM A	
Moderator		Rami El Abiad, MD			
09:00 - 09:15		Extreme Indications for Nailing in Lower Extremity Fractures Abdallah Hussein, MD			
09:15 - 10:45		FORUM PART 1: PROXIMAL HUMERUS FRACTURES : "FROM A TO Z"			
Chairman		Ali Hassan Chamseddine, MD			
Moderator		Rami El Abiad, MD			
		Introduction and Classifications Ali Hassan Chamseddine, MD			
		Vascular Anatomy of the Humeral Head Ali Bazzal, MD			
		Reverse Shoulder Arthroplasty Georges El Rassi, MD			
		Surgical Approach Options Ali Hassan Chamseddine, MD			
		Arthroscopic Repair : Any Place ? Vatche Kourtian, MD			
SESSION III		HIP		ROOM B	
Chairmen		Alexandre Nehme, MD - Chahine Assi, MD			
09:00 - 09:15		Borderline Hip Dysplasia: Arthroscopy, PAO, or Both? Alexandre Nehme, MD			
09:15 - 09:30		The Painful Young Hip Beyond FAI: What Are We Missing? Mohammad Boushnak, MD			
09:30 - 09:45		Ceramic-on-Ceramic Hip Resurfacing: A New Era for Joint Preservation? Alain Akiki, MD			
09:45 - 10:00		Direct Anterior Approach in the Difficult Primary Hip: Limits, Pitfalls, and Technical Solutions Samer Hage, MD			
10:00 - 10:15		Restoring Leg Length and Offset in Total Hip Arthroplasty: How Accurate Do We Need to Be? Chahine Assi, MD - Youssef Jamaledine, MD			
10:15 - 10:30		Robotics and Navigation in Total Hip Arthroplasty: Added Value or Added Complexity? Alexandre Nehme, MD			
10:30 - 10:45		The French Paradox in Primary Total Hip Arthroplasty Moussa Hamadouche, MD			

DAY 1 | FRIDAY 2nd OCTOBER, 2026

10:45 - 11:00	Coffee Break		
SESSION II KNEE ROOM A		SESSION III HIP ROOM B	
Chairman	Amer Abdallah, MD - Alfred Khoury, MD	Chairmen : Chahine Assi, MD - Alexandre Nehme, MD	
11:00 - 11:15	Functional vs Mechanical Alignment in Primary Robotic Total Knee Arthroplasty: Toward Personalized Alignment Alfred Khoury, MD - Youssef Jamaledidine, MD	Preventing Periprosthetic Joint Infection in Primary THA: What Really Makes a Difference? Wael Bayoud, MD - Joseph Mouawad, MD	
11:15 - 11:30	Optimizing Implant, Surgical Technique Or Optimizing Patients The Dogma Of Forgotten Knee Rida Kassem, MD	Removing the Well-Fixed Femoral Stem in Revision THA: Techniques, Tricks, and Pitfalls Gaby Haykal, MD - Andrea Achkouty, MD	
11:30 - 11:45	Personalized or Standardized ? Functional v/s Kinematic v/s Mechanical Alignment in TKR Bernard Sagharian, MD	Pelvic Discontinuity in Revision THA: Cup-Cage, Distraction, or Custom Triflange? Rida Kassem, MD	
11:45 - 12:00	Immune Mediated Osteomyelitis When Infection is Excluded with Recurrent and Multifocal Inflammation Fadi Haddad, MD	Revision Total Hip Arthroplasty Using the Kerboull Cage: Principles, Indications, and Long-Term Experience Moussa Hamadouche, MD	
12:00 - 12:15	The Injectable Knee Intra-Articular Therapy in the Era of Precision Medicine Which Treatment for which Knee Fouad Fayad, MD	The Difficult Trochanter in Revision THA: Nonunion, Migration, and Abductor Deficiency Falah Bachour, MD - Omar Fakih, MD	
12:15 - 12:30	AI the foundation of Robotic Surgery in TKA Amer Abdallah, MD - Carmen Haddad, MD	Acute Total Hip Arthroplasty for Geriatric Acetabular Fractures: Who, When, and How? Abdallah Hussein, MD	
12:30 - 12:45	Robotic-Assisted TKA: Revolution or Evolution ? Amer Abdallah, MD	Case Discussion	
12:45 - 13:15	OPENING CEREMONY		

DAY 1 | FRIDAY 2nd OCTOBER, 2026

13:15 - 14:15		LUNCH Break	
SESSION II		KNEE	ROOM A
Chairmen		Amer Abdallah, MD - Alfred Khoury, MD	
14:15 - 14:30		Medial Root Avulsion of the Meniscus in Young Population : When and How to Fix Them Hassan Baydoun, MD	
14:30 - 14:45		Lateral Extra Articular Tenodesis in ACLR: Where Should We Stop Wissam Boueri, MD	
14:45 - 15:00		In Office Sales of Orthobiologics Without Selling Your Soul Maher Baroudi, MD	
15:00 - 15:15		PCL Reconstruction : When and How Should Be Fixed , Latest Consensus Vatche Kortian, MD	
15:15 - 15:30		The Failed Athletes Knee: Why Do Some Athletes Never Return To Their Previous Level Of Performance ? Jean Jacques Yaacoub, MD	
15:30 - 15:45		The Subchondral Bone: The Missing Link In Knee Oa, Od And Insufficiency Fracture Hady Yassine, MD	
15:45 - 16:00		AI And Spatial Navigation In ACL Reconstruction: Where Are We Now. Alfred khoury, MD - Joseph Mouawad, MD	
SESSION IV		SHOULDER	ROOM B
Chairmen : Georges El Rassi, MD - Rami El Abiad, MD			
Distal Clavicle Fractures: When Should We Address the Coracoclavicular Ligament? Ayman Hijjawi, MD			
Scapular Fractures: Current concepts in Classification and Management Vatche Kortian, MD			
Scapular Spatial Position and Morphology: Implications in Shoulder Pathology Rami El Abiad, MD			
Total Shoulder Arthroplasty Versus Reverse Shoulder Arthroplasty in Primary Glenohumeral Osteoarthritis Ziad Noun, MD			
Treatment Options for Massive Irreparable Rotator Cuff Tears George El Rassi, MD			
Are Specific Glenohumeral Morphological Profiles Associated With An Increased Risk Of Anterior Shoulder Instability In Middle Eastern Population? George El Rassi, MD			
Patch In Rotator Cuff Pathologies Hassan Baydoun, MD			
16:00 - 16:10		Symposium Sponsored By AMJ What changed in osteoarthritis management in 2026?	
		Mohammad Boushnak, MD	

DAY 1 | FRIDAY 2nd OCTOBER, 2026

16:10 - 16:30	Coffee Break		
SESSION V	KNEE ORTHOPEDICS		ROOM A
16:30 - 18:00	FORUM : SAVE THE KNEE : UNLOAD THE MEDIAL COMPARTMENT : "IS THE KNEE ALIGNMENT UNDERAPPRECIATED ?"		
Chairman	Ali Hassan Chamseddine, MD		
Moderator	Chahine Assi, MD		
Participants	Ali Bazzal, MD - Mohammad Boushnak, MD - Ahmad Abed Ali, MD		
	Introduction Ali Hassan Chamseddine, MD Assessment of Knee Alignment Ali Bazzal, MD Principles of Correction of Varus Malalignment Mohammad Boushnak, MD Role of Arthroscopy Ahmad Abed Ali, MD Technique Ali Hassan Chamseddine, MD Tibial Slope and Patellar Height Ali Bazzal, MD Filling the Osteotomy Gap Ahmad Abed Ali, MD Results Mohammad Boushnak, MD Closed vs Open Wedge Ali Bazzal, MD Survivorship, Uni and Total Knee Replacement, Complications Ahmad Abed Ali, MD Conclusions Ali Hassan Chamseddine, MD		

DAY 2 | SATURDAY 3rd OCTOBER, 2026

SESSION VI	SPINE FRACTURES	ROOM A
Chairman	Fouad Jabbour, MD - Mohammad Badra, MD	
09:00 - 10:00	SESSION A: CERVICAL SPINE	
09:00 - 09:15	Odontoid Fractures: Current Concepts And Surgical Pearls Nakhle Mhanna, MD	
09:15 - 09:30	Hangman's Fractures: Contemporary Management Camille Samaha, MD	
09:30 - 09:45	Cervical Facet Dislocations: Reduction Strategies And Surgical Management Fouad Jabbour, MD	
09:45 - 10:00	Challenging Cervical Trauma Cases Fouad Jabbour, MD	
10:00 - 11:00	SESSION B : THORACOLUMBAR SPINE	
10:00 - 10:15	Classification Of T1 Fractures: From Morphology To Clinical Decision Making Lening Cervical Trauma Cases Firas Atallah, MD	
10:15 - 10:30	Treatment Algorithms For Ao Spine A3 And A4 Burst Fractures. When To Operate? Rami Rashkidi, MD	
10:30 - 10:45	Osteoporotic TL Fractures: Classification And Surgical Strategies Amer Sebaaly, MD	
10:45 - 11:00	Challenging TL Trauma Cases Firas Atallah, MD	

SESSION VIII: FOOT & ANKLE	ROOM B
Chairmen : Cesar Yammine, MD	
Moderators : Alain Akiki, MD - Khalil Khalil, MD	
Neurological Foot: Etiology & Clinical Exam Alain Akiki, MD	
Surgical Treatment of The Neurological Foot Alain Akiki, MD	
Rehabilitation of The Neurological Foot Media Cheaib, PT	
Antibiotic-Impregnated Bone Cement In Diabetic Foot Surgery Kaissar Yammine, MD	
Iatrogenic Hallux Varus Maurice Aoun, MD - Kaissar Yammine, MD	
Pes Planus: Arthroreisis in Adolescents Ali Ghosn, MD - Kaissar Yammine, MD	
Pes Planus: Surgical Options In Adults Khalil Khalil, MD	
Hallux Valgus: Treatment Algorithm Khalil Khalil, MD - Joseph Mouawad, MD	

DAY 2 | SATURDAY 3rd OCTOBER, 2026

11:00 - 11:20	Coffee Break			
11:20 - 12:50	SESSION C - SACRAL FRACTURES	SESSION IX : HAND SURGERY		ROOM B
Chairman	Fouad Jabbour, MD - Mohammad Badra, MD	Chairmen	Ramzi Moucharrafieh, MD - Hisham Abdel Nour, MD	
11:20 - 11:35	Classification, Imaging and Treatment Algorithms of Sacral Fractures Mohammad Badra, MD Surgical Management of Unstable Sacral Fractures And Spinopelvic Dissociation Mohammad Badra, MD Challenging Sacral Fractures Cases Mohamad Badra, MD	11:20 - 11:35	The Painful Wrist with “Normal” Imaging Rami El Abiad, MD	
11:35 - 11:50		11:35 - 11:50	TFCC Tears: Are We Repairing too Many and Reconstructing Too Late? Majd Hajj Mousa, MD	
11:50 - 12:05		11:50 - 12:05	Scaphoid Nonunion: When Is a Vascularized Graft Really Necessary? Hicham Abdel Nour, MD	
		12:05 - 12:20	The Destroyed PIP Joint: Reconstruct, Replace or Fuse? Youssef Bakhsh, MD	
		12:20 - 12:35	Peripheral Nerve Injury: When to Wait, Repair, Graft or Transfer? Ramzi Moucharrafieh, MD	
		12:35 - 12:50	Interactive Expert Panel — “What Would You Do?”	
12:50 - 13:50	Lunch Break			

DAY 2 | SATURDAY 3rd OCTOBER, 2026

SESSION VII	PEDIATRIC	ROOM A
Chairman	Ismat Ghanem, MD	
Moderator	Johnny Abdel Nour, MD - Toby Atallah, MD	
13:50 - 14:05	Physeal Injuries Around The Knee Elie Saghbini , MD	
14:05 - 14:20	Physeal Injuries Around The Ankle Imad Nahle, MD	
14:20 - 14:50	Case Discussion Youssef Daher, MD	
14:50 - 15:05	Recognizing Aggressive Processes Within Bone on Radiographs Ismat Ghanem, MD	
15:05 - 15:20	Seasonal Influence on Pediatric Fracture Mechanisms and Distribution in Lebanon Georges Lteif, MD - Fady Hoyek, MD	
15:20 - 15:35	Q&A	

SESSION X TRAUMA	ROOM B
13:50 - 15:30	FORUM PART 2 : PROXIMAL HUMERUS FRACTURES : "FROM A TO Z"
Chairman	Ali Hassan Chamseddine, MD
Moderator	Ramzi Moucharrafieh, MD
	Rigid IM Nailing Hisham Abdelnour, MD
	Flexible IM Nailing Ahmad Abed Ali, MD
	Plating Mohammad Boushnak, MD
	Hemi-Arthroplasty Rami El Abiad, MD
	Factors Influencing in the Dilemma of Decision Making Ramzi Moucharrafieh, MD
	Q&A

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Registration Fees for Lebanese Doctors 150\$
(Coverimg Membership, Lunches and Coffee Breaks)



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