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# INTERNATIONAL HAND & WRIST Congress

PROGRAM

NOVEMBER 2026
13-14

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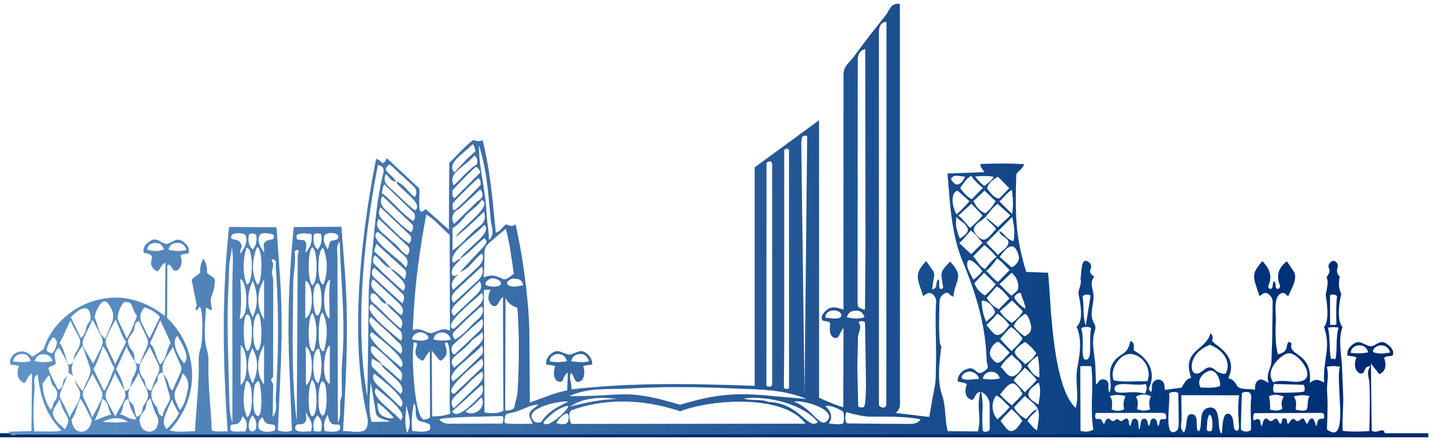
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President of the Pan-Arab Federation of Societies for Surgery of the Hand
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**DR. SHOAIB ARSHAD**
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**MR. MOHAMUD AMIN**
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*Abu Dhabi, UAE*

# PROGRAM

## DAY 1 | November 13, 2026

| | | |
|---|---|---|
| 08:15 - 08:30 | Registration | |
| 08:30 - 08:35 | Welcome Remarks by the Congress Chairman | |

### SESSION 1 | FREE PAPER SESSION

Moderators: **Ehab Aldlyami, MD - Nebojsa Jovanovic, MD**

| | | |
|---|---|---|
| 08:35 - 08:41 | Local Corticosteroid Injection for Carpal Tunnel Syndrome: A Systematic Review and Meta-Analysis | **Abdulaziz Asiry, MD** *Saudi Arabia* |
| 08:41 - 08:47 | Partial Toe Transfers for Composite Finger Reconstruction | **Sebastien Hugon, MD** \| *Belgium* |
| 08:47 - 08:53 | Free Toe Pulp and SUPBRA Flaps in Digital Reconstruction | **Eşref Kaan Bulut, MD** \| *Turkey* |
| 08:53 - 08:59 | Kite vs. Littler Flaps in Thumb Reconstruction: A 30-Case Study | **Mehmet Albayrak, MD** \| *Turkey* |

# PROGRAM

## DAY 1 | November 13, 2026

| | | |
|---|---|---|
| 08:59 - 09:05 | Occupational Therapy in Complex Phalangeal Fractures Using Dynamic Traction | **Mr. Mahmoud Alshaikh** \| *Saudi Arabia* |
| 09:05 - 09:20 | Q&A | |
| ***09:20 - 09:45*** | ***Coffee Break*** | |

## SESSION 2 | HAND TRAUMA & SOFT TISSUE

Moderators: **Khalid Alawadi, MD - Shoaib Arshad, MD**

| | | |
|---|---|---|
| 09:45 - 10:00 | Masquelet Technique for Reconstruction of Segmental Middle Phalanx Bone Loss with Bone Graft and Arthrodesis | **Bayan Ghalimah, MD** \| *KSA* |
| 10:00 - 10:15 | Skin Stretching Device (SSD) | **Fouad Assal, MD** \| *Kuwait* |
| 10:15 - 10:30 | Flexor Tendon Reconstruction - Neglected Case, Troubleshooting and Treatment Algorithm | **Jayakrishnan Narayana Kurup, MD** \| *UAE* |
| 10:30 - 10:45 | The Management of PIPJ Contracture in Dupuytren's Disease | **Marouane Bouloudhnine, MD** \| *UAE* |
| 10:45 - 10:50 | Q&A | |
| 10:50 - 11:10 | ***Symposium 1 - KLS Martin***<br>IPS System for Complex Deformity Management of the Wrist and Forearm | **Mrs. Pia Henneken** \| *Germany* |

# PROGRAM

## DAY 1 | November 13, 2026

| SESSION 3 \| JOINT REPLACEMENT | | |
|---|---|---|
| Moderators: **Shoaib Arshad, MD - Ahmed Ghaithi, MD** | | |
| 11:10 - 11:25 | My Journey in Thumb CMC Total Joint Arthroplasty:<br>Lessons Learned after more than 1000 Cases | **Joris Duerinckx, MD \|** *Belgium* |
| 11:25 - 11:40 | Surgical Approach to Managing Chronic Pain of the Hand | **Richard Baker, MD \|** *UAE* |
| 11:40 - 11:55 | Thumb CMC Total Joint Arthroplasty:<br>Indications, Evidence-Based Surgical Technique and Rehabilitation | **Joris Duerinckx, MD \|** *Belgium* |
| 11:55 - 12:00 | Q&A | |
| 12:00 - 12:25 | Opening Ceremony | |
| 12:25 - 12:45 | ***Symposium 2 - Medartis***<br>When the Radius Heals Wrong - The Power of Patient-Specific 3D Reconstruction | **Mohssen Hakimi, MD \|** *Germany* |
| ***12:45 - 13:35*** | ***Prayer and Lunch Break*** | |

# PROGRAM

## DAY 1 | November 13, 2026

| | | |
|---|---|---|
| 13:35 - 14:05 | ***Symposium 3 - Pfizer***<br>When the Hand Speaks to the Heart:<br>Correlation with ATTR-CM and Bilateral Carpal Tunnel Syndrome | **Feras Badr, MD** | *UAE* |

### SESSION 4 | NERVES & TUMOURS

Moderators: **Fuminori Kanaya, MD - Richard Baker, MD**

| | | |
|---|---|---|
| 14:05 - 14:20 | Pectoralis Minor Syndrome:<br>Current Concepts in Diagnosis and Surgical Management | **Mohammed Muneer, MD** | *Qatar* |
| 14:20 - 14:35 | Innovations in Peripheral Nerve Surgery:<br>Contemporary Approaches to Neuroma Management | **Mohammed Muneer, MD** | *Qatar* |
| 14:35 - 14:50 | Optimizing Autologous Nerve Coverage Techniques for<br>Recurrent Carpal Tunnel Syndrome | **Bayan Ghalimah, MD** | *KSA* |
| 14:50 - 15:00 | Q&A | |
| ***15:00 - 15:30*** | ***Coffee Break*** | |
| 15:30 - 15:50 | ***Symposium 4 - DePuy Synthes***<br>Variable Angle Optimized Locking Technology (VOLT) Mini in Hand and Wrist Surgery | **Bernard Lallemand, MD** | *UAE* |

## SESSION 5 | DEBATE SESSION

Moderators: **Sami Hassan, MD - Joris Duerinckx, MD**

*“TFCC Injuries: Repair or Rehabilitation? Challenging the Need for Surgery”*

| | | |
|---|---|---|
| 15:50 - 16:05 | Surgeon 1: Repair: The TFCC Deserves Anatomical Restoration | **Sherif Ban, MD** | *UAE* |
| 16:05 - 16:20 | Surgeon 2: Rehabilitation: Not Every TFCC Tear Needs Surgery | **Bernard Lallemand, MD** | *UAE* |
| 16:20 - 16:50 | Discussion | |
| 16:50 - 17:10 | ***Symposium 5 - KLS Martin***<br>Beyond Titanium: Magnesium Technology in Modern Hand & Wrist Surgery | **Kilian Reuss, MD** | *Germany* |

# PROGRAM

## DAY 2 | November 14, 2026

| | | |
|---|---|---|
| 09:00 - 09:15 | Registration | |
| 09:15 - 09:20 | Welcome Remarks by the Congress Chairman | |

### SESSION 6 | FREE PAPER SESSION

Moderators: **Marouane Bouloudhnine, MD - Nebojsa Jovanovic, MD**

| | | |
|---|---|---|
| 09:20 - 09:26 | Implant-Free Reconstruction of Chronic Thumb MCP Joint UCL Injuries | **Mohamed Abouelatta, MD** \| *Kuwait* |
| 09:26 - 09:32 | Recovery After Limited-Incision vs. Open Carpal Tunnel Release: A Systematic Review and Meta-Analysis | **Ibrahim Alabid, MD** \| *UAE* |
| 09:32 - 09:38 | Dupuytren Disease in Saudi Arabia: A Tertiary-Center Cohort | **Orjwan Abulaban, MD** \| *Saudi Arabia* |
| 09:38 - 09:44 | Arthroscopic Management of Stiffness After MOTEC Total Wrist Arthroplasty | **Sebastien Hugon, MD** \| *Belgium* |

# PROGRAM

## DAY 2 | November 14, 2026

| | | |
|---|---|---|
| 09:44 - 09:50 | Establishing an Awake Toxin Injection Clinic for Upper Limb Spasticity | **Shetha Naji, MD** \| *UK* |
| 09:50 - 09:56 | Replant, Revascularize, Reconstruct:<br>Microsurgical Salvage in Upper Limb Trauma | **Praveen Kumar Arumugam, MD** \| *UAE* |
| 09:56 - 10:11 | Q&A | |

### HAND TRAUMA & SOFT TISSUE - PART 2

| | | |
|---|---|---|
| 10:11 - 10:26 | A Case Series of Mangled Hands Treated in an MTC | **Richard Baker, MD** \| *UAE* |
| ***10:26 - 10:45*** | ***Coffee Break*** | |

### NERVES & TUMOURS - PART 2

| | | |
|---|---|---|
| 10:45 - 10:55 | Thoracic Outlet Syndrome | **Zeeshan Karim Ahmad, MD** \| *UAE* |
| 10:55 - 11:05 | Thoracic Outlet Syndrome | **Mohamed Baguneid, MD** \| *UAE* |

# PROGRAM

## DAY 2 | November 14, 2026

### SESSION 7 | THE WRIST - PART 2

Moderators: **Bayan Ghalimah, MD - Bernard Lallemand, MD**

| | | |
|---|---|---|
| 11:05 - 11:20 | Mastering DRUJ Injuries: From Acute Trauma to Chronic Instability | **Ahmed Habis, MD** \| *KSA* |
| 11:20 - 11:35 | Radial Shortening for Stage IIIB and IV Kienböck Disease: Pushing the Indications? | **Ahmed Habis, MD** \| *KSA* |
| 11:35 - 11:50 | APL Approach for Distal Radius Fracture | **Nebojsa Jovanovic, MD** \| *UAE* |
| 11:50 - 12:05 | Management of Complex Distal Radius Fracture | **Ahmed Ghaithi, MD** \| *Oman* |
| 12:05 - 12:20 | Arthroscopically Assisted Repair of the TFCC and Management of DRUJ Instability | **Abdullah Al Harthy, MD** \| *Oman* |
| 12:20 - 12:35 | Beyond the Volar Plate - Mastering Complex Distal Radius Fractures | **Mohssen Hakimi, MD** \| *Germany* |
| 12:35 - 12:45 | Q&A | |
| 12:45 - 13:00 | ***Symposium 6 - Al Hayat***<br>Evolution of Dermal Matrices as Biological Interposition and Gliding Layers in Upper-Extremity Surgery | **Maher Khatib, MD** \| *Canada* |

# PROGRAM

## DAY 2 | November 14, 2026

| | | |
|---|---|---|
| *13:00 - 14:00* | *Lunch Break* | |
| **SESSION 8 \| PEDIATRIC & COMPLEX RECONSTRUCTION** | | |
| Moderators: **Jayakrishnan Narayana Kurup, MD - Mohammed Muneer, MD** | | |
| 14:00 - 14:30 | Recent Advances in the Mobilization of Proximal Radio-Ulnar Synostosis | **Fuminori Kanaya, MD \|** *Japan* |
| 14:30 - 15:00 | Surgical Approach to the Congenital Difference in the Upper Extremities | **Fuminori Kanaya, MD \|** *Japan* |
| 15:00 - 15:15 | Management of the Severe Spastic Clenched Hand:<br>A Comprehensive Reconstructive Approach | **Ahmed Ghaithi, MD \|** *Oman* |
| 15:15 - 15:30 | Complex Syndactyly: Challenges and Insights | **Bassmh Al Dhafer, MD \|** *KSA* |
| 15:30 - 15:45 | Bone Lengthening for the Correction of Hand and Forearm Deformities to Improve Hand Function | **Hussain AlAli, MD \|** *Kuwait* |
| 15:45 - 15:55 | Q&A | |

## SESSION 9 | DEBATE SESSION

Moderator: **Ehab Aldlyami, MD**

*“Lacertus Syndrome: Are We Doing Enough?”*

| | | |
|---|---|---|
| 15:55 - 16:20 | Lacertus Syndrome - A Myth and a Fad... Carpal Tunnel Syndrome is Usually the Primary Diagnosis | **Jayakrishnan Narayana Kurup, MD** | *UAE* |
| 16:20 - 16:35 | Lacertus Syndrome Should be Checked in Every Patient and Should be Considered a Vital Component of Median Nerve Assessment | **Pradeep Bala, MD** | *UAE* |
| 16:35 - 16:45 | Q&A | |

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