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مؤسسة الإمارات للخدمات الصحية
Emirates Health Services

The 1st Annual Congress of the Emirates Gynecology & Obstetrics Society

PROGRAM

Pre-workshop September 18, 2026
Congress Days September 19-20, 2026
InterContinental Dubai Festival City, UAE

Supporting Societies



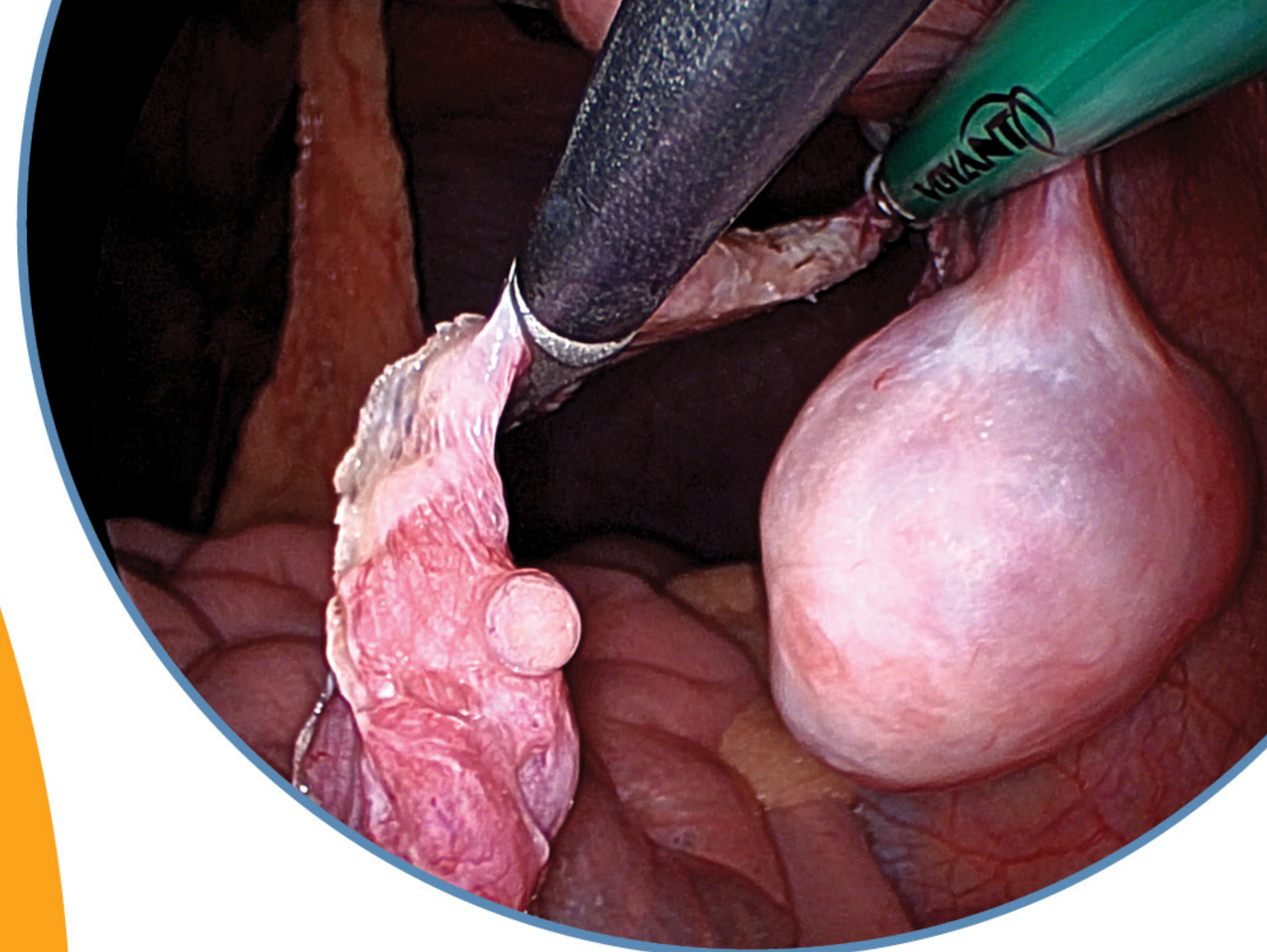
**EMIRATES SOCIETY
OF COLON & RECTAL SURGERY**
شعبة الإمارات لجراحة القولون والمستقيم





The Next Evolution in Minimally Invasive Gynecologic Surgery

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CME CREDITS



The 1st Annual Congress of the Emirates Gynecology & Obstetrics Society has been accredited by the Medical Education and Research Department, Dubai Health Authority (DHA), with **21 CME** credit points, as follows:

	Friday, September 18, 2026 Workshop	7 CME credits
	Saturday, September 19, 2026 Congress Day 1	7 CME credits
	Sunday, September 20, 2026 Congress Day 2	7 CME credits



Dear Colleagues and Friends,

It is with great pleasure that we invite you to the **1st Annual Congress of the Emirates Gynecology & Obstetrics Society (EGOS)**, which will be held on **September 18-20, 2026 at InterContinental Dubai Festival City, UAE**. The congress will be preceded by a pre-workshop on September 18, followed by the congress day on September 19-20, 2026.

As the fields of gynecology and obstetrics continue to evolve at an extraordinary pace, with advances in maternal-fetal medicine, minimally invasive surgery, reproductive health, gynecologic oncology, and women's wellness, there has never been a more important time for specialists to come together, exchange knowledge, and align on best practices that directly impact patient outcomes.

The **EGOS 2026** will bring together leading experts, practitioners, and early-career physicians for two days of rich scientific content and practical insights. The program will feature evidence-based updates, interactive discussions, and sessions spanning a wide range of topics, from new surgical techniques and diagnostic innovations to contemporary challenges in women's health.

This congress is expected to attract a diverse audience, including obstetricians and gynecologists, maternal-fetal medicine and reproductive specialists, gynecologic oncologists, urogynecologists, neonatologists and pediatricians, radiologists and anesthesiologists specializing in women's health, as well as midwives, nurses, and allied healthcare professionals.

We look forward to welcoming you to the conference for an inspiring and impactful experience.



Warm regards,

**SHEIKHA
DR. ALIA HUMAID ALQASSIMI**
President of the Emirates
Gynecology & Obstetrics Society
Congress Chair





Sheikha Alia Humaid AlQassimi, MD | Congress Chair
 1st Emirati Aesthetic, Regenerative & Functional Gynecologist
 MBBCh Medicine & Surgery, Msc HCM
 President of Emirates Gynecology & Obstetrics Society

SCIENTIFIC COMMITTEE



Wael Hosni, MD | Chair
 Consultant of Obstetrics & Gynecology
 Minimally Invasive Gynecologic Surgery, Urogynecology
 & Pelvic Reconstructive Surgery
 Mediclinic Parkview Hospital, Dubai
 Vice President of the Emirates Gynecology & Obstetrics Society



Khulood Alawadi, MD | Member
 Consultant, Sexual and Reproductive Health, Pediatric and
 Adolescent Gynecology
 Danat Al Emarat Hospital
 Scientific Committee Chairperson of the Emirates
 Gynecology & Obstetrics Society



Laila Al Hubaishi, MD | Member
 Consultant Obstetrician, Gynecologist, and Urogynecologist
 Latifa Hospital, Dubai
 Cultural Committee Chairperson of the Emirates Gynecology & Obstetrics Society



Rashad Haddad, MD | Member
 Consultant Gynaecologist & Cosmetic
 Reconstructive & Regenerative Gynaecology
 Specialist
 Dubai London Hospital, Jumeirah, Dubai



Aparna Gumma, MD | Member
 Consultant Obstetrics and Gynaecology
 Mediclinic Parkview Hospital, Dubai



SCIENTIFIC COMMITTEE



Fady Moeity, MD | Member

Consultant Gynecologist, Corniche Hospital, Abu Dhabi
Professor, Obstetrics & Gynaecology, University of Alexandria - Egypt.
Past President, The minimally invasive surgery society of Egypt (MISS.E)
Former-Fellow, Royal free hospital - University college London (UCL)



Yasmine Sajjad, MD | Member

Consultant in Reproductive Medicine, Andrology
Obstetrics & Gynaecology
Fakih IVF Abu Dhabi



Ghada Siddig Abdin Mohammed, MD | Member

Consultant of Obstetrics & Gynecology
Assistant Professor of Obstetrics and Gynecology
University of Sharjah, UAE
General Secretary of the Emirates Gynecology and Obstetrics Society



Murat Yassa, MD | Member

President of the Turkish Pelvic Floor and Cosmetic Gynecology Society
Consultant of Obstetrics & Gynecology
Acibadem Kartal Hospital, Turkey



07:30 - 08:00 Registration

08:00 - 10:00



vNOTES WORKSHOP

AL BARAHA 1

COURSE DIRECTOR
Wael Hosni, MD

08:00 - 08:05 Welcome and Introduction

08:05 - 08:45

- vNOTES Presentation and Video Demonstration
- Introduction to vNOTES
 - Why vNOTES?
 - Clinical Evidence
 - Patient Selection Criteria
 - Colpotomy
 - Port Configuration in Hysterectomy vs Adnexal Procedures
 - Exclusion Criteria
 - Q&A

08:45 - 09:50

- Hands-on Session using Laparoscopic trainer and silicon Gyn Model
- vNOTES Adnexectomy
 - vNOTES Hysterectomy

09:50 - 10:00

Wrapping up & Certificate Distribution

10:00 - 10:15



Coffee Break

10:15 - 12:15



3rd & 4th DEGREE PERINEAL REPAIR WORKSHOP

AL BARAHA 1

COURSE DIRECTOR
Abubakr Elmardi, MD

FACULTY
Ghada Mohammed, MD - Nasreen Soliman, MD

- Applied Pelvic Floor Anatomy
- Recognition & Management of 3rd, 4th Degree Tears
- Anal Incontinence
- Anal Manometry & Endo-Anal Scan
- Follow - Up and Future Pregnancy
- Video Demonstration
- Hands-on Training

12:15 - 14:15



Prayers & Lunch Break

14:15 - 16:15



LAPAROSCOPY WORKSHOP

AL BARAHA 1

COURSE DIRECTOR

Bedayah Amro, MD

FACULTY

Zeinab Hakim, MD - Nour Abo Sada, MD

- Introduction
- Ergonomics in Laparoscopic Surgery
- Basic Principles of Laparoscopy and General Rules
- Camera Navigation Skills
- Basic Bimanual Coordination
- Advanced Bimanual Coordination
- Fine Tissue Handling and Dissection
- Principles of Electrosurgery
- Team Challenge
- Q&A
- Closing Remarks

08:00 - 09:00	Registration
09:00 - 09:48	 SESSION 1 MASTERS IN SURGERY - EGOS SURGICAL VIDEO SESSION Chairs: Wael Hosni, MD - Cihan Kaya, MD
09:00 - 09:08	Pelvic Anatomy Unveiled: Surgical Landmarks Every Gynecologic Surgeon Must Know  Bedayah Amro, MD
09:08 - 09:16	Total Laparoscopic Hysterectomy: A Standardized Step-by-Step Surgical Approach  Zeinab Hakim, MD
09:16 - 09:24	vNOTES Hysterectomy in 8 Minutes: Step-by-Step Guide to Scarless Surgery  Murat Yassa, MD
09:24 - 09:32	Laparoscopic Myomectomy: Key Techniques for Optimal Surgical Outcomes  Ibrahim Abd Elrahman, MD
09:32 - 09:40	The Art of Operative Hysteroscopy: Precision Surgery within the Uterine Cavity  Fady Moeity, MD
09:40 - 09:48	Mastering Isthmocele Repair: Hysteroscopic & Laparoscopic Approaches  Alain Abdallah, MD

10:00 - 10:45



Opening Ceremony

Master of Ceremony
Dr. Shahd Abouelenen

National Anthem

Welcome Address of the

President of the Emirates Gynecology & Obstetrics Society
Sheikha Dr. Alia Humaid AlQassimi

Address of the Vice President of the Emirates Gynecology & Obstetrics Society
Dr. Wael Hosni

10:45 - 11:00



Coffee Break

11:00 - 11:20	<i>Symposium Sponsored by Cepheid</i> Preventing Early-Onset GBS Disease: A 16-Year Experience of Intrapartum Molecular GBS Screening	Najoua El Helali, MD
11:20 - 12:44	 SESSION 2 MATERNAL FETAL MEDICINE & HIGH-RISK OBSTETRICS Chairs: Saleema Wani, MD - Mona Khalfan, MD - Amal Ayed, MD	
11:20 - 11:32	Rectovaginal Fistula in Women: What Obstetricians Need to Know	Sara Al Bastaki, MD
11:32 - 11:44	Fetal Growth Restriction: When is Small Too Small?	Louay Zayed, MD
11:44 - 11:56	Placenta Accreta Spectrum: What Every Obstetrician Needs to Know	Saleema Wani, MD
11:56 - 12:08	Prediction & Prevention of Preterm Birth	Maysarah Alawneh, MD
12:08 - 12:20	First Trimester Screening Beyond NT	Mona Khalfan, MD
12:20 - 12:32	Optimizing Outcomes in Preeclampsia	Aparna Gumma, MD
12:32 - 12:44	Latest Evidence for Preeclampsia Screening	Azam Malek Ghasemi, MD
12:44 - 12:54	Q&A	

12:54 - 13:14

EXPERT DEBATE: ELECTIVE INDUCTION AT 39 WEEKS – SHOULD IT BECOME STANDARD PRACTICE?

Chair: Maysarah Alawneh, MD

Panelists: Saleema Wani, MD - Aparna Gumma, MD - Mona Khalfan, MD

13:14 - 13:34

Symposium Sponsored by Exact Sciences

The New Era of Early Cancer Detection: MCED New Testing Technology



Karim Elmasry, MD

13:34 - 14:22



Lunch Break

14:22 - 14:42

Symposium Sponsored by Pfizer

Birthing a Barrier Prenatal Vaccination to Reduce RSV BURDEN



Saleema Wani, MD

14:42 - 15:54



SESSION 3 | REPRODUCTIVE MEDICINE & INFERTILITY

Chairs: Amal Al Shunnar, MD - Dimitrios Kafetzis, MD

14:42 - 14:54

The Fundamental Role of Hysteroscopy in Infertility Management



Shahrzad Ansari, MD

14:54 - 15:06

Endometriosis: Pelvic Pain & Dysmenorrhoea - A Novel Treatment



Amal Al Shunnar, MD

15:06 - 15:18

Role of Minimally Invasive Surgery in Fertility Preservation: Local UAE Center Data Analysis



George L. Botros, MD

15:18 - 15:30

Management of Infertile Couples with Endometriosis. Update 2026



Dimitrios Kafetzis, MD

15:30 - 15:42

The Low AMH Dilemma: Preserving Hope by Evidence-Based Approaches to Fertility Preservation



Ghada Hussein, MD

15:42 - 15:54

Fertility Preservation in Unmarried Women & Ethical Boundaries



Yasmine Sajjad, MD

15:54 - 16:04

Q&A

16:04 - 16:20



Coffee Break

16:20 - 18:20	<i>Symposium Sponsored by Abbott</i> Menopause & Healthy Longevity Chair: Faysal El Kak, MD - Khulood Alawadi, MD		
16:20 - 16:40	●	MHT: How WHI and FDA Changed the Practice	●  Rossella E. Nappi, MD
16:40 - 17:00	●	Interactive Clinical Case Discussions	
17:00 - 17:20	●	The Vital Signs for Menopause Transition: VMS & GSM	●  Rossella E. Nappi, MD
17:20 - 17:40	●	Interactive Clinical Case Discussions	
17:40 - 18:00	●	How MHT Supports the Pillars of Healthy Longevity	●  Rossella E. Nappi, MD
18:00 - 18:20	●	Interactive Clinical Case Discussions	

14:30 - 15:00

Registration

15:00 - 18:40



ORAL ABSTRACT PRESENTATION

Chairs: Khulood Alawadi, MD - Ghada Mohammed, MD - Murat Yassa, MD

AL NOOR

15:00 - 15:10

AI in Obstetric Ultrasound



Abubakr Elmardi, MD

15:10 - 15:20

How to Reduce Litigation - Is Humanizing Healthcare An Option



Abubakr Elmardi, MD

15:20 - 15:30

Maternal Indications, Trends, and Fetal Outcomes of Instrument-Assisted Vaginal Deliveries in the United Arab Emirates



Adhya Tom, MD

15:30 - 15:40

Pontine Osmotic Demyelination Syndrome in a Pregnant Woman With Sepsis and Wernicke's Encephalopathy: A Rare Triad



Alizah Khan, MD

15:40 - 15:50

Factors Affecting Awareness of Pregnancy Screening for Group B Streptococcus Infection Among Women of Reproductive Age in the United Arab Emirates



Arwa Ibrahim, MD

15:50 - 16:00

Pruritic Urticarial Papules and Plaques of Pregnancy (PUPPP) in a Primigravida with Gestational Diabetes Mellitus and Fetal Persistent Dilated Ductus Arteriosus



Farzeen Bajwa, MD

16:00 - 16:10

Severe Preeclampsia-Like Syndrome Before 20 Weeks Revealing a Partial Hydatidiform Mole With a Live Fetus: A Case Report



Mai SalahEldin Sabra, MD

16:10 - 16:20	Pregnancy In a Didelphys Uterus with a Retained Intrauterine Device in a Non-Communicating Rudimentary Horn	 Sally Al-Qaraghuli, MD
16:20 - 16:30	Retained Placenta Following Unsupervised Home Vaginal Birth After Cesarean in a Grand Multipara with Placenta Accreta Spectrum: A Case Report from a Low-Resource Setting	 Shahd Abouelenen, MD
16:30 - 16:40	Gestational Diabetes in the UAE: High Prevalence, Independent Predictors, and OGTT Glucose Trajectory Phenotypes as Determinants of Adverse Perinatal Outcomes - A Prospective Multi-Centre Cohort Study	 Wael Osman, MD
16:40 - 16:50	Robotic Uterus-Preserving Surgery for Cesarean Scar Disorders and Early Placenta Accreta Spectrum: A Critical Review of Evidence, Techniques, and Reproductive Outcomes	 Arwa Ibrahim, MD
16:50 - 17:00	Cutaneous Endometrioma at a Cesarean Section Scar Presenting with Cyclic Bleeding: A Case Report	 İlke Aydın, MD
17:00 - 17:10	When Hysteroscopy Isn't an option; Management of Submucosal Fibroid	 Marwa Elboghdady, MD
17:10 - 17:20	Patient Characteristics and Obstetric Outcomes of Successful Vaginal Birth after Cesarean Section: A Retrospective Study in a Tertiary Hospital in United Arab Emirates	 Adhya Tom, MD
17:20 - 17:30	Beyond Granulation Tissue: Histologically Confirmed Episiotomy Scar Endometriosis Following Vaginal Delivery	 Necmiye Dover, MD
17:30 - 17:40	Burning Mouth Syndrome in Postmenopausal Women: A Neuroendocrine Pain Disorder at the Intersection of Hormones and Neuropathy	 Neli Nikolov, MD

17:40 - 17:50	The Recovery Gap After Caesarean Birth:Preliminary Evidence of Persistent Morbidity and Gaps in Postpartum Care from a National Australian Survey	 Mrs. Sarah Hacker  Mrs. Melanie Platt <i>Co-Presenter</i>
17:50 - 18:00	Diagnostic Accuracy of Magnetic Resonance Imaging Versus Transvaginal Ultrasound for Deep Infiltrating Endometriosis: An Updated Systematic Review and Meta-Analysis	 Johora Akter, MD
18:00 - 18:10	Sentinel Lymph Node Mapping Versus Systematic Lymphadenectomy in Early-Stage Endometrial Cancer: An Updated Systematic Review and Meta-Analysis	 Johora Akter, MD
18:10 - 18:20	Uterine Sarcoma or Degenerating Fibroid? A Diagnostic Conundrum	 Manasa Srirama, MD
18:20 - 18:30	Familial Ovarian Developmental Anomaly in a 16-year-old with Primary Amenorrhea: A Disorder of Gonadal Development with a Likely Genetic Etiology	 Raya Flayyih, MD
18:30 - 18:40	RETHINKING FEMALE URINARY INCONTINENCE: Advancing the Role of Bulkamid in Stress and Mixed Urinary Incontinence From “Cure” to Patient-Centered Continence Care	 Amel Elayadi, MD

08:00 - 08:30

Registration

08:30 - 09:30



SESSION 1 | TRENDS & PERSPECTIVES IN WOMEN'S HEALTH

Chairs: Khulood Alawadi, MD - Ghada Mohammed, MD - Hailemariam Segni, MD

08:30 - 08:42

Contraception in Perimenopause: What Every Gynecologist Needs to Know



Khulood Alawadi, MD

08:42 - 08:54

Competency-Based OBGYN Training in the UAE: The Role of Entrustable Professional Activities



Ghada Mohammed, MD

08:54 - 09:06

Implementing Maternal Immunization in Clinical Practice:
Bridging Evidence, Safety, and Patient Acceptance



Huda AlDhanhani, MD

09:06 - 09:18

AI and ITS Role in the Future of Gynecology Imaging



Ghada Salman, MD

09:18 - 09:30

Establishing a Women's Health Biobank in Dubai Progress from a Feasibility Study



William Atiomo, MD

09:30 - 09:40

Q&A

09:40 - 09:55



Coffee Break

09:55 - 10:10

Symposium Sponsored by Momcozy

From Breastfeeding Support to Continuous Maternal Care: Translating Maternal Needs
into Everyday Solutions

Sharanya Christine
Paulraj, MD

10:10 - 11:58



SESSION 2 | MINIMALLY INVASIVE GYNECOLOGY

Chairs: Arnaud Wattiez, MD – Sadoon Sadoon, MD

10:10 - 10:22

Endometriosis in 2026: What Has Changed?



Arnaud Wattiez, MD

10:22 - 10:34

Fibroid Surgery: The Art of Wisdom and Technology



Sadoon Sadoon, MD

10:34 - 10:46

Laparoscopic Management of Chronic Pelvic Pain



Cihan Kaya, MD

10:46 - 10:58

Robotic Surgery in Gynecology: The Past, Present, and Future



Labib Riachi, MD

10:58 - 11:10

Endometrioma Surgery: Best Practice Recommendations from ESHRE, ESGE, and WES



Wael Sammour, MD

11:10 - 11:22

An Update on Uterine Fibroid Prevention



Basel Imam, MD

11:22 - 11:34

Beyond the Uterosacral Ligaments: Navigating Posterior Compartment Endometriosis



Hanan Gharbi, MD

11:34 - 11:46

Evidence-Based Indications for Laparoscopic CS Scar Niche



Jed Hawe, MD

11:46 - 11:58

Why vNOTES Matters: Early Experience and Future Perspectives from the UAE



Wael Hosni, MD

11:58 - 12:08

Q&A

12:08 - 12:28	EXPERT DEBATE: THE HYSTERECTOMY BATTLE: VAGINAL VS LAPAROSCOPIC VS ROBOTIC VS VNOTES Chair: Fady Moeity, MD Panelists: Nasreen Soliman, MD - Jed Hawe, MD - Labib Riachi, MD - Murat Yassa, MD	
12:28 - 12:48	<i>Symposium Sponsored by Abbott</i> Rethinking AUB: What Every Ob/Gyn Needs to Know Today	 Faysal El Kak, MD
12:48 - 13:46	 SESSION 3 GYNECOLOGIC ONCOLOGY Chairs: Murat Yassa, MD - Khaled Kouteich, MD - William Atiomo, MD	
12:48 - 13:00	Endometrial Hyperplasia: Evidence-Based Diagnosis and Management	 Ibrahim Abd Elrahman, MD
13:00 - 13:12	Beyond 26: Is It Ever Too Late to Vaccinate?	 Karim Elmasry, MD
13:12 - 13:24	Uterine Cervical Reconstruction Following Post-Myomectomy Cervical Defect: A Challenging Surgical Case	 Khaled Kouteich, MD
13:24 - 13:36	Pelvic Lymphadenectomy in Gynecological Cancers	 Zuhdi Khalid Nagshabandi, MD
13:36 - 13:46	Q&A	

13:46 - 14:46



Lunch Break

14:46 - 15:58



SESSION 4 | UROGYNECOLOGY & PELVIC FLOOR

Chairs: Ghada Mohammed, MD - Laila Al Hubaishi, MD

14:46 - 14:58

The Pregnant Pelvic Floor Patient: A Practical Guide for Obstetricians



Nasreen Soliman, MD

14:58 - 15:10

Painful Bladder Syndrome / Interstitial Cystitis



Manal Elredy, MD

15:10 - 15:22

Clinical Excellence in Pelvic Floor Assessment: Beyond the Physical Examination



Laila Al Hubaishi, MD

15:22 - 15:34

The Problematic Bladder: Women's Perception & Impact on Quality of Life



Hassan Elbiss, MD

15:34 - 15:46

The Recurring Problem: Evidence-Based and Emerging Approaches to Recurrent UTIs



Sadiya Hussain, MD

15:46 - 15:58

Pelvic Floor Organ Prolapse: Diagnosis and Management



Hala Bashir, MD

15:58 - 16:08

Q&A

16:08 - 16:23



Coffee Break

16:23 - 16:33

Symposium Sponsored by Fusion Apothecary
Women's Bodies Are More Complex



Bishoy Sawiris, MD

16:33 - 17:21



SESSION 5 | REGENERATIVE & AESTHETIC GYNECOLOGY

Chairs: Alia AlQassimi, MD - Diana Mihai, MD

16:33 - 16:45

Restoring what was Lost: Pn & Radiofrequency; A New Hope for Female Genital Mutilation Patients



Marwa El Ajami, MD

16:45 - 16:57

Labiaplasty- Practical Pearls for Better Outcomes



Maria Karakoulaki, MD

16:57 - 17:09

Injectables and beyond in Aesthetic Gynecology: What Every Gynecologist Needs to Know



Sheikha Alia Humaid
AlQassimi, MD

17:09 - 17:21

Vaginismus 3 Steps Combined Treatment: Medical, Injectables and Devices
(Botox, PRP, HA, CO2 Laser, RF, HIFEM, CaressFlow, Dilators, etc.)



Diana Mihai, MD

17:21 - 17:31

Q&A

17:31 - 17:51

EXPERT DEBATE: SHOULD AESTHETIC GYNECOLOGY REMAIN WITHIN THE SCOPE OF WOMEN’S HEALTH SPECIALISTS?

Moderator: Diana Mihai, MD

Co-Chairs: Rashad Haddad, MD - Sheikha Alia Humaid AlQassimi, MD

Panelists: Rashad Haddad, MD - Sheikha Alia Humaid AlQassimi, MD - Malda Al Daoudi, MD

17:51 - 18:06

Best Abstract Winner Announcement

18:06



Closing Ceremony

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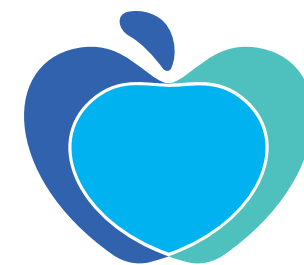
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