

LEBANESE ORDER OF PHYSIOTHERAPISTS CONGRESS

EMBRACING THE FUTURE: EMERGING
TECHNIQUES & PRACTICES

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PROGRAM

SEPTEMBER 2
6-7 2025

Al Habtoor Grand
Hotel Beirut

WELCOME LETTER



Dear Esteemed Colleagues and Friends,

On behalf of the Lebanese Order of Physiotherapists, I am delighted to invite you to our congress, "**Embracing the Future: Emerging Techniques & Practices**," to be held on **September 6 - 7, 2025 at the Habtoor Hotel**.

This congress is an exceptional opportunity for us to come together to explore the latest advancements and cutting-edge developments in our field. The program features distinguished speakers, insightful workshops, and the presentation of pioneering research, all designed to inspire and equip us with new tools and knowledge to enhance patient care.

We are also excited to announce that there will be a variety of exhibitors and sponsors showcasing the newest products and services in physiotherapy. This will provide an excellent opportunity for you to explore innovative solutions and technologies that can benefit your practice.

Your presence and participation are vital to the success of this congress. Together, let's pave the way for a brighter future in physiotherapy through learning, networking, and collaboration.

Please mark your calendars and join us for what promises to be an enriching and memorable event.

Warm regards,

Dr. Saydeh Sassine Sahyoun

President, Lebanese Order of Physiotherapists



SATURDAY 6, SEPTEMBER 2025



08:00 - 09:00 | Registration

09:00 - 10:05 | SESSION 1 | MUSCULOSKELETAL PAIN MANAGEMENT

MODERATORS: Gergi Antoun, Khalife Khalife

09:00 - 09:15 | Management of Tendon and Muscles in Athletes:
The Combination between Ultrasound Guided Injections and Physiotherapy | **Giovanni Bonni**

09:15 - 09:30 | The Importance of Intervention Pain Treatment in Physiotherapy | **Elie El Dahdah**

09:30 - 09:45 | Hurt Doesn't Always Equal Harm: The Brain Story of Chronic Pain | **Rachid Houry**

09:45 - 10:05 | Q&A

10:05 - 10:30 |  Coffee Break



SATURDAY 6, SEPTEMBER 2025



10:30 - 12:00

SESSION 2 | INTEGRATION AND INFLUENCE OF AI ON HEALTHCARE SYSTEM

10:30 - 12:00

Rounded Table: Integration and Influence of AI on Healthcare System

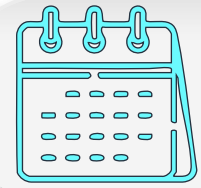
Doctor Youssef Bakhach - Health Orders Presidents Association

Doctor Youssef Bassim - Chief Operations Officer, University of Balamand Head of Digital Health & AI Department at Arab Hospitals Federation

Doctor Hassan Kheireddine - Director of the Minister of Health's Office

President Saydeh Sassine - President of LOPT

Nour Fayad - Representative of Minister of State for Technology and Artificial Intelligence in Lebanon Kamal Chehade



SATURDAY 6, SEPTEMBER 2025



12:00 - 13:10	OPENING CEREMONY	
12:00 - 12:05	National Anthem	
	Master of Ceremony	Rita Pia Antoun
12:05 - 12:15	Address of President of LOPT	Dr. Sayde Sassine
12:15 - 12:25	Address of President of the Arab Confederation for Physical Therapy	Dr. Mohamad Amro
12:25 - 12:35	Address of Secretary General of the French Lebanese Medical Association	Mr. Georges Nasr
12:35 - 12:45	Address of President of World Physiotherapy	Professor Michael Landry
12:45	Address of The Minister of Public Health of Lebanon	Dr. Rakan Nasreddine
13:10 - 13:30	Visit to Exhibition Area	



SATURDAY 6, SEPTEMBER 2025



13:30 - 14:30

Lunch Break

14:30 - 15:40

SESSION 3 | NEUROLOGICAL PHYSIOTHERAPY

MODERATORS: Abir Alwan, Claude Maroun

14:30 - 14:45

Neuroscience Approach in Neuro Rehabilitation

Hassan Kheireddine

14:45 - 15:00

Moving Forward with Cerebral Palsy: What the Evidence tell us

Nahla Mouawad

15:00 - 15:30

Robotic Rehabilitation in Neurological Disorders: An Umbrella Review of Clinical Effectiveness and Outcome Metrics

Mohamad Tabbouch

15:30 - 15:35

Q&A

15:35 - 16:00

Coffee Break



SATURDAY 6, SEPTEMBER 2025



16:00 - 17:30

SESSION 4 | ONCOLOGY

MODERATORS: Roland Chahwan, Maher Fathalla

16:00 - 16:10

Milestone in Oncology Physiotherapy in Lebanon

Dina Barakat

16:10 - 16:35

Five Levels of Prevention 2025

Deborah Doherty
Lori Boright

16:35 - 16:45

The Role of Exercise in Cancer Care: From Evidence to Action

Marie-Antoinette Mhawej

16:45 - 17:00

Breast Reconstruction, a Patient Targeted Approach

Dr. Amir Ibrahim

17:00 - 17:15

Challenges in Patients with Head and Neck Cancer; What Can a Physiotherapist Do?

Caroline Speksnijder

17:15 - 17:30

Q&A



SUNDAY 7, SEPTEMBER 2025



09:15 - 10:20

SESSION 5 | MANAGEMENT

MODERATORS: Berthe Hanna Boutros, Elie koueik

09:15 - 09:30

Sport-santé: une politique floue soumise aux logiques concurrentielles

Jean Francois Dumas

09:30 - 09:45

Propose and Evaluate Innovative Care Pathways Involving PTS

Nicolas Pinsault

09:45 - 10:00

Empowering Physiotherapy Through Effective Management

Pierre Filfili

10:00 - 10:15

Laboratory of MOHAR: A Landmark Achievement in Lebanese Physiotherapy Research

Eliane Rached

10:15 - 10:20

Q&A

10:20 - 11:10

SESSION 6 | MULTIDISCIPLINARY

MODERATORS: Charles Morcos, Rana Ballouk

10:20 - 10:35

Oropharyngeal Physiotherapy for Obstructive Sleep Apnea: A Non - Invasive, Evidence Based Approach for Improved Respiratory Function and Sleep Quality

Joseph Al Mir

10:35 - 10:50

Cardiac Rehabilitation in Lebanon: Evidence Based Physiotherapy Approaches, Barriers, and Advocacy in the Lebanese Context

Zahra Sadek



SUNDAY 7, SEPTEMBER 2025



10:50 - 11:05	Adapting the 24/7 Postural Management Approach in Lebanon: Low Cost Custom Made Assistive Devices for Improved Function and Comfort	Marie Abou Saab
11:05 - 11:10	Q&A	
11:10 - 11:25	Coffee Break	
11:25 - 12:30	SESSION 7 CRISIS CELL	
	<i>MODERATORS: Houssam Yassine, Ibtissam Saab</i>	
11:25 - 11:40	Introduction and Establishment of LOPT Crisis Cell	Ramy Shammas
11:40 - 11:55	Integrating Physical Therapists into Emergency Crisis Cell: From Preparedness to Response	Charles Khalife
11:55 - 12:10	The Essential Role of Physiotherapists in Emergencies: Insights from Lebanon	April Gamble
12:10 - 12:25	Leveraging Technology in Physiotherapy: Lessons from Emergency Settings	Harvey Surial
12:25 - 12:30	Q&A	



SUNDAY 7, SEPTEMBER 2025



12:30 - 13:35

SESSION 8 | MUSKULOSKELITAL REHABILITATION

MODERATORS: Charbel Habib, Pascal El-Braidy

12:30 - 12:45

Rotator Cuff Tendinopathy; New Recommendations for Diagnosis and Treatment

Francois Desmeules

12:45 - 13:15

Cervical Spine Manipulation and Vertebrobasilar Stroke: Developing a Structured Protocol of 13 Pre-Manipulation Screening for Vascular Risk Assessment

Nabil El Hachem

13:15 - 13:30

Effect of Virtual Reality on Knee Proprioception Compared to Conventional Proprioceptive Training in Amateur Athletes: A Randomized Controlled Study

Pierre Merheb

13:30 - 13:35

Q&A



SUNDAY 7, SEPTEMBER 2025



PARALLEL WORKSHOPS

AT CONVENTION CENTER HABTOOR HOTEL 3RD FLOOR, IN THE BREAKOUT ROOMS

14:00 - 16:00

Workshop 1 - Conference Room Beirut | Ultrasound Guided Dry Needling in Pain Management

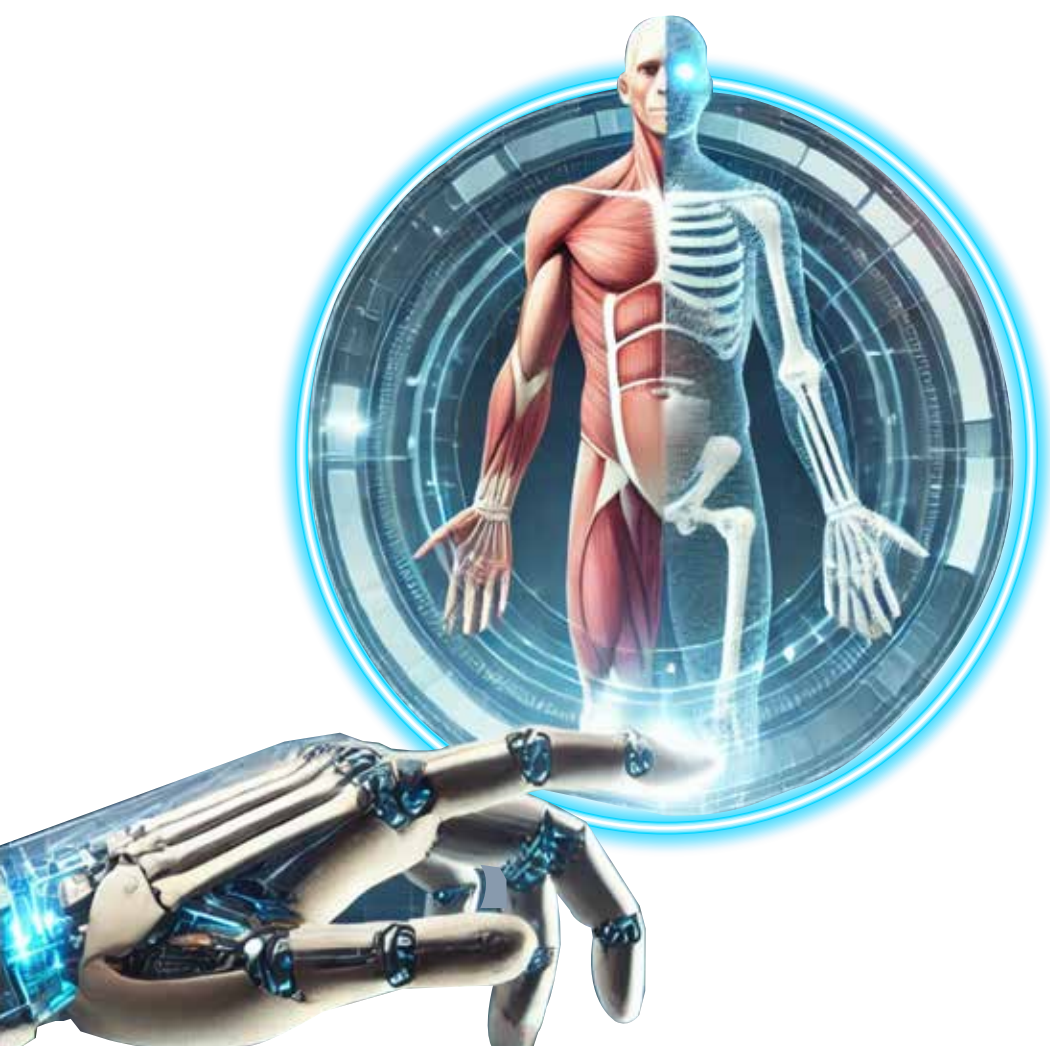
Workshop 2 - Conference Room Hamra | Rethinking Cervical Spine Manipulation:
A Practical Workshop on Vascular Safety in Cervical Spine Therapy

Workshop 3 - Conference Room Rabieh | Physiotherapy in Oncology: Clinical Thinking

Elie El Dahdah

Nabil El Hachem

Dina Barakat
Nagham Haddad
Layal Barakat
Nour Kardaly



“ **The registration fee for each workshop is \$30**
Pre-Registration is required and payment can be conducted
via [Wish Money](#) to the Lebanese Order of Physiotherapists account
or [LOPT Headquarters](#). ”

Deadline Wednesday September 3rd
Limited seats available

Main Sponsor



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