



HAND THERAPY SYMPOSIUM

November 7 - 8, 2025
Raffles Dubai Hotel

PROGRAM

Supporting Associations



اتحاد روابط جراحه اليد العربية
PAN-ARAB FEDERATION OF SOCIETIES FOR SURGERY OF THE HAND



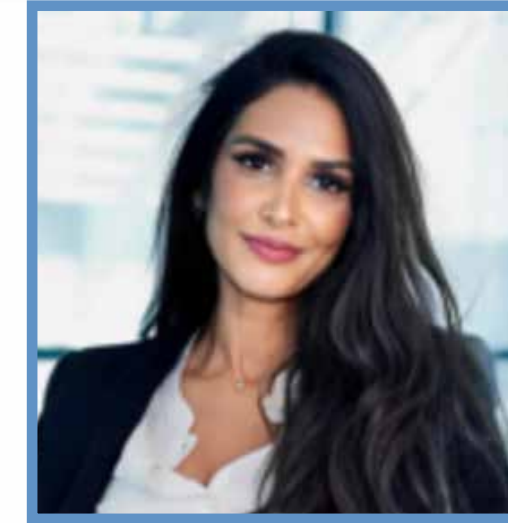
المجموعة العلمية المتخصصة لجراحة التجميل والتبرق
Saudi Scientific Association of Plastic Surgery and Burns



SCIENTIFIC COMMITTEE



Mr. Blair Agero
Program Chair



Mrs. Samira Cutts
Program Co-Chair

PROGRAM

DAY 1 | November 7, 2025

Luxor Meeting Room

08:30 - 08:45

Welcome & Opening Remarks

Blair Agero

UAE

08:45 - 09:30

Session 1 | Traumatic Hand Management

Raquel Cantero

Spain

09:30 - 10:15

Session 2 | Nerve Entrapment in Athletes

Michelle Razo

UK

10:15 - 11:00

Session 3 | Understanding VISI and DISIs of the Wrist:
Identification and Clinical Testing

Ann Porretto-Loehrke

USA

11:00 - 11:30

Coffee Break

Session 4 | Ulnar Sided Wrist Pain:
Appreciation in Practice

Blair Agero

UAE

11:30 - 12:15

Session 5 | Hand Therapy in PP Fractures: Evidenced
Based Approaches for Optimal Recovery

Nancy Zechmeister

Switzerland

PROGRAM

DAY 1 | November 7, 2025

Luxor Meeting Room

12:15 - 13:00

Session 6 | Investigating the Role of Non-Invasive Brain Stimulation for the Treatment of Central Sensitisation in Upper Extremity Inflammatory Conditions

Samira Cutts
UAE

13:00 - 14:00

Prayer & Lunch Break

14:00 - 14:45

Session 7 | Rehabilitation After TFCC and ECU Surgery in an Elite Athlete: A Multidisciplinary Approach Across Borders

Cecile Michau
UAE

14:45 - 15:30

Session 8 | Innovative Designs and Materials in Sports Related Hand Protective Splints: A Case Series

Mario Gaetano Fioretti
Switzerland

15:30 - 16:00

Closing Announcements

Samira Cutts
UAE

16:00 - 16:45

Coffee Break & Open Discussion

PROGRAM

DAY 2 | November 8, 2025

Luxor Meeting Room

09:00 - 09:45

Session 9 | Rehabilitation of the Degenerative Thumb

Raquel Cantero
Spain

09:45 - 10:30

Session 10 | Rehabilitation Protocols and Potential After
Zone 2 Flexor Tendon Repair

Ashraf Ayyash
UAE

10:30 - 11:00

Session 11 | Finger Ring Splints: Personalized 3D-Printed
Orthoses for Hand Therapy

Francesca Ferrario
Switzerland

11:00 - 11:45

Session 12 | A Different Spin - Rethinking Golfer's Elbow

Michelle Razo
UK

11:45 - 12:30

Session 13 | Introduction To Blood Flow Restriction Therapy

James Wagner
USA

12:30 - 13:30

Lunch Break

PROGRAM

DAY 2 | November 8, 2025

Luxor Meeting Room

13:30 - 14:15

Session 14 | CRPS the Upper Extremity

Mohamud Amin
UAE

14:15 - 15:45

Practical Session | Splinting, Plaster of Paris Casting

Raquel Cantero
Spain
Michelle Razo
UK
Blair Agero
UAE

15:30 - 16:00

Certificate Awarding & Closing Remarks

Khalid Alawadi, MD
UAE
Ehab Aldlyami, MD
UAE

THANK YOU & SEE YOU NEXT YEAR!

ORGANIZED BY:

 **INFOMED**

Innovating | Executing | Networking

 UAE | Lebanon | Kuwait | Iraq