



MIDDLE EAST ARTHRITIS FOUNDATION



World Ankylosing Spondylitis Day 2021

SAVE THE DATE

SATURDAY 8th MAY

Sponsored by  NOVARTIS





World Ankylosing Spondylitis Day 2021

SATURDAY 8th MAY

Moderator

Dr. Humeira Badsha

08:00 - 08:20 pm

Ankylosing Spondylitis and Treatment | [Dr. Bhavna Khan](#)

08:20 - 08:35 pm

Diet for Ankylosing Spondylitis | [Dr. Humeira Badsha](#)

08:35 - 08:50 pm

Exercise for Ankylosing Spondylitis | [Mrs. Rachel Stapleton](#)

08:50 - 09:40 pm

Mental Wellbeing of Patients with Ankylosing Spondylitis
(Discussion Between [Patients](#) and [Dr. Madiha Khan](#) Psychiatrist)

09:40 - 09:55 pm

Arabic Session on Ankylosing Spondylitis | [Dr. Ghita Harifi](#)

09:55 - 10:25 pm

Novartis Symposium
Living with Ankylosing Spondylitis: A Patient's Story | [Dr. Amel Ginawi](#)