



15TH

ANNUAL MEETING OF THE LEBANESE SOCIETY FOR INTERNAL MEDICINE

September 18-19, 2020

Hybrid Meeting - Le Royal Hotel, Dbayeh



CME
CREDITS



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WELCOME LETTER

Dear friends and colleagues,

It is my great pleasure and honor to welcome you at the 15th Annual Meeting of the Lebanese Society of Internal Medicine that will be held on September 18th and 19th, 2020, at Le Royal Hotel Dbayeh.

In the wake of the exceptional situation caused by the COVID-19 outbreak, our congress this year will be a hybrid meeting. We will miss the enlightening presence of our international speakers, who will participate in this congress through webinar sessions.

This year, we will have many interesting live sessions and symposiums discussing multiple topics in internal medicine, auto-inflammatory diseases, hematology, cardiology, pneumology, primary care, diabetes & Cardiovascular diseases, and many other subjects.

Over the past few months, we have experienced an unprecedented shift in our way of life due to the COVID-19 pandemic. One thing that is certain, we know that adjusting to change can be challenging. Be it planned or unplanned, gradual or sudden, change is inevitable and very much part of being human. This congress will highlight the impact of the COVID-19 pandemic on the society and the medical practice in Lebanon and worldwide.

In front of the total chaos and extreme difficulties our beloved country is facing, this congress acts as a proof of our strong will to survive, lead and succeed.

I seize this opportunity to express my gratitude to all our international and Lebanese speakers and participants, and to thank all the pharmaceutical companies which contributed to the success of this event.

Warmest welcome to all,

Elissar Dagher, MD,

President-elect of the Lebanese Society of Internal Medicine



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ORGANIZING & SCIENTIFIC COMMITTEE

Elissar Dagher, MD **President of the congress**

Randa Choueiry, MD

Toni El Murr, MD

Fady G. Haddad, MD

Zahi Helou, MD

Mouin Jammal, MD

Souhail Karaa, MD

Georges Maalouly, MD

Elie Moubarak, MD

Simon Souaid, MD

Aline Tohme, MD

Emile Zein, MD

INTERNATIONAL SPEAKERS

Patrice Cacoub, MD France

Maria-Domenica Cappellini, MD Italy

Paul Coppo, MD France

Sophie Geogin-Lavialle, MD France

Gilles Grateau, MD France

Luc Mouthon, MD France



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FRIDAY SEPTEMBER 18, 2020

09:45 - 10:00 Welcome & Introduction

10:00 - 11:30 Session 1: Internal Medicine and Hematology

Moderators Christian Haddad - Evelyne Helou - Hanady Samaha

10:00 - 10:30 Prise en charge du PTT en 2020
Paul Coppo

10:30 - 11:00 Clinical Management of Hemoglobinopathies
Ali Taher

11:00 - 11:30 Novel Treatment for Hemoglobinopathies
Maria-Domenica Cappellini

11:30 - 12:00 Coffee Break

12:00 - 13:30 Session 2: Diabetes and CVD

12:00 - 12:30 **Moderator: Tony El Murr**
Type 2 Diabetes and Heart Failure: The Hidden Complication
Symposium Supported by Astra Zeneca
Mireille El Amm

12:30 - 13:00 **Moderator: Randa Choueiri**
It's Time to Consider the Range: A New Perspective on Glycaemic Control
Symposium Supported by Novo Nordisk
Nancy Nakhoul

13:00 - 13:30 **Moderator: Randa Choueiri**
Vertis CV: Adding to the Understanding of the SGLT-2is Class
Symposium Supported by MSD
Elie Farah

13:30 - 14:30 Lunch Break

14:30 - 16:30 Session 3: Heart in Internal Medicine

Moderators Georges Abou Haidar - Bernard Harbieh - Salma Sfeir

14:30 - 15:00 Pericardites Recidivantes
Patrice Cacoub



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15:00 - 15:30 The Essential Heart Failure Treatment
Symposium Supported by Novartis
Antoine Sarkis

15:30 - 16:00 Answering a Superiority Question of Primary vs Secondary CVD Prevention in people with T2D
Symposium Supported by Lilly
Ghada Ballan

16:00 - 16:30 **Moderator: Souhail Karaa**
Semaglutide: Realizing the Potential Unifying Superior Efficacy and CV Benefits
Symposium Supported by Novo Nordisk
Monzer Saleh - Souhail Karaa

16:30 - 16:50 Coffee Break

16:50 - 18:30 Session 4: Auto Inflammatory Diseases

Moderators Dania Chelala - Mouin Jammal - Emile Zein

16:50 - 17:20 Les amyloses inflammatoires
Gilles Grateau

17:20 - 17:50 Actualités dans les maladies autoinflammatoires
Sophie Georjin-Lavialle

17:50 - 18:20 **Moderator: Elie Moubarak**
Central Role of the Clinical Immunologist in the Management of Uveitis

18:20 - 18:30 Q & A
Symposium Supported by Amgen
Fady Haddad

18:30 **Moderator & Master of Ceremony: Zahi Helou**
Opening - Impact of COVID 19 Pandemic on Medical Practice on the society in Lebanon and worldwide
Jacques Mokhbat



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SATURDAY SEPTEMBER 19, 2020

09:30 - 11:30 Session 5: Lungs in Internal Medicine - Part 1

Moderators Rachwan Rachwan - Moussa Riachi

09:30 - 10:00 Hypertension pulmonaire d'origine mixte dans les connectivites
Luc Mouthon

10:00 - 10:30 The Myth of Stability in PAH: Assessing and Treating Patients for Optimal Outcomes
Symposium Supported by Actelion
Elissar Dagher

10:30 - 11:00 **Moderator: Elie Stephan**
SABA Overreliance and the New Management of Asthma in GINA 3-5
Symposium Supported by Astra Zeneca
Fady Haddad

11:00 - 11:30 **Moderator: Jocelyne Sassine**
Optimizing COPD Management
Symposium Supported by Novartis
Souheil Karaa

11:30 - 11:50 Coffee Break

11:50 - 14:00 Session 6: Multiple Faces of Internal Medicine

11:50 - 12:20 **Moderator: Elie Moubarak**
The Role of Denosumab in the Management of Osteoporosis in 2020
12:20 - 12:30 Q & A
Symposium Supported by Amgen
Elissar Dagher

12:30 - 13:00 **Moderator: Olga Nahas**
Role of Secukinumab in Psoriasis: A Complete Treatment Approach
Symposium Supported by Novartis
Alfred Ammourey

13:00 - 13:30 **Moderator: Camille Hinnawi**
Hypertension History in a Nutshell
Symposium Supported by Boehringer Ingelheim
Roland Kassab

13:30 - 14:00 **Moderator: Emile Zein**
Bringing More Benefits to Patients With Depression
Symposium Supported by Lundbeck
Elio Sassine



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14:00 - 15:00 Lunch Break

15:00 - 16:30 Session 7: Updates in Diabetes

15:00 - 15:30 **Moderator: Simon Soueid**

DDP4i : A Matter of Efficacy, Safety and Tolerability

Symposium Supported by Astra Zeneca

Youssef Obeid

15:30 - 16:00 **Moderator: Zahi Helou**

Cardiorenal Metabolic Approach: A Necessity in T2D Management

Symposium Supported by Boehringer Ingelheim

Elizabeth Abou Jaoudeh

16:00 - 16:30 **Moderator: Rania Sakr**

VERIFY & Early Treatment Intensification

Symposium Supported by Novartis

Carole Riachi

16:30 - 17:00 Coffee Break

17:00 - 18:30 Session 8: Lungs in Internal Medicine - Part 2

Moderators Lynn Abdo - Zeina Aoun - Lamis Karam

17:00 - 17:30 IPF - Diagnosis and Management

Symposium Supported by Boehringer Ingelheim

Pierre Abi Khalil

17:30 - 18:00 Spiolto Respimat: An Advance in COPD Care, Based on Strong Roots

Symposium Supported by Boehringer Ingelheim

Nadim Kanj

18:00 - 18:30 DVT/PE Anticoagulation Care

Symposium Supported by Boehringer Ingelheim

Fady Fayez Haddad

18:30

Closing Remarks

The Lebanese Society for Internal Medicine
would like to thank the following companies
for their contribution to the success of the congress



Organized by:



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