



# INTERNATIONAL HAND & WRIST CONGRESS & HAND THERAPY SYMPOSIUM

November 7 - 8, 2025 | Raffles Dubai Hotel, UAE

## CADAVERIC WORKSHOP

November 9, 2025 | Sharjah Surgical Institute, UAE



In collaboration with



### Supporting Associations



اتحاد روابط جراحه اليد العربية  
PAN-ARAB FEDERATION OF  
SOCIETIES FOR SURGERY OF THE HAND



المعوية العلمية المعونجة لدراسة التجميل والعروق  
Saudi Scientific Association of Plastic Surgery and Burns



# WELCOME LETTER

On behalf of the Emirates Hand Surgery Society & the Conference Organizing Committee, we are pleased to announce the **International Hand & Wrist Congress & Hand Therapy Symposium** which will be held on **November 7<sup>th</sup> - 8<sup>th</sup>, 2025** at the **Raffles Dubai Hotel, UAE & the Cadaveric Workshop** which will be held on **November 9<sup>th</sup>, 2025** at **Sharjah Surgical Institute - Sharjah, UAE**.

The Emirates Hand Surgery Society is organizing this CME-accredited event, which will feature leading hand surgery experts from around the world and the region. These professionals will share their knowledge through presentations, clinical case studies, discussions, and workshops, providing a comprehensive educational program and updates in the field, including keynote lectures, instructional courses, cadaveric workshops, and case discussions.

The congress will bring together hand, orthopedic, and plastic surgeons, as well as physiotherapists, and other healthcare professionals from related specialties in the region.

The event is further enhanced by the collaboration with the Singapore Society for Hand Surgery. Each year, we focus on delivering the most current updates and best practices, promoting knowledge sharing and driving your professional growth.

We look forward to welcoming you to Dubai for an enriching and engaging conference experience.



**Khalid Alawadi, MD**

Consultant Plastic and Hand Surgeon  
Rashid Hospital, UAE

President of the Emirates Hand  
Surgery Society

Congress Chair

# EXECUTIVE COMMITTEE



**Khalid Alawadi, MD**

Consultant Plastic and Hand Surgeon  
Rashid Hospital Dubai, UAE  
President of the Emirates Hand  
Surgery Society

**Congress Chair**



**Habib Al Ismaily, MD**

Chief of the Orthopedic Department  
division at Dubai Health  
Director of Orthopedic Surgery  
Residency Program, DHA. Master of  
Public Policy in Health.

**Honorary Chairman**



**Ehab Aldlyami, MD**

Consultant Hand & Wrist Orthopaedic  
Surgeon  
King's College London Hospital  
Dubai, UAE

**Congress Co-Chair**



# ORGANIZING COMMITTEE



**Nebojsa Jovanovic, MD**  
Orthopaedic Surgeon and  
Traumatologist-Hand Surgeon  
Rashid Hospital, Dubai, UAE



**Mohammed Muneer, MD**  
Plastic Reconstructive and Hand  
Surgeon  
Hamad Medical Corporation  
Doha, Qatar



**Basem Saraj, MD**  
Consultant, DHA  
Rashid Hospital  
Dubai, UAE



**Hamed Badawi, MD**  
Consultant on Hand and  
Reconstructive Microsurgery  
Rashid Hospital Dubai, UAE



**Chaitanya Dodakundi, MD**  
Orthopaedic Hand  
and Microsurgeon  
Rashid Hospital Dubai, UAE

# SCIENTIFIC COMMITTEE



**Ehab Aldlyami, MD**

Consultant Hand & Wrist Orthopaedic Surgeon

King's College London Hospital  
Dubai, UAE

**Congress Co-Chair**



**Jose Manuel Rojo Manaute, MD**

Consultant, Orthopaedic Surgery

Medcare Orthopaedics  
& Spine Hospital  
Dubai, UAE

**Scientific Chairman**



**Bayan Ghalimah, MD**

Assistant Professor & Consultant  
Orthopedic Hand & Wrist Surgeon

King Abdulaziz University

Jeddah, Makkah, Saudi Arabia



**Sami Hassan, MD**

Consultant Hand & Wrist Surgeon

Healthpoint, Abu Dhabi  
Mubadala Health, Dubai, UAE



**Christiana Savvidou, MD**

Orthopedic Hand Surgeon

Circle Care Clinic  
Dubai, UAE

**INTERNATIONAL HAND & WRIST**

**PROGRAM**

07:30 - 08:15

Registration

08:15 - 08:25

Welcome Remarks from the Congress Chairman

**Khalid Alawadi, MD**

08:25 - 09:45

### SESSION 1 | FREE PAPER SESSION

Moderators: Khalid Alawadi, MD - Marouane Bouloudhnine, MD - Abdulaziz Asiry, MD

08:25 - 08:31

Intrafocal Pinning in Distal Extraarticular Radius Fracture:  
A Retrospective Study Based on Patient Age

**Abdulaziz Asiry, MD**

08:31 - 08:37

Are Two Screws Better Than One? A Systematic Review of the  
Literature of Two-Screw Fixation of Acute Scaphoid Fractures

**George Hourston, MD**

08:37 - 08:43

Trapezectomy with Mini-tightrope Suspensionplasty in First  
Carpometacarpal Joint Osteoarthritis: Technique and Early Outcomes

**Taleb Alhalabi, MD**

08:43 - 08:49

Dorsal Cortical Alignment Predicts Functional Outcomes in Proximal  
Phalangeal Fractures Treated with Intramedullary Headless Compression Screws

**Bert Vanmierlo, MD**

08:49 - 08:55

FDMA Flap Redefined: Vein-Guided, Extensor Hood–Sparing Technique for Thumb Reconstruction

**Gaurav Chaturvedi, MD**

08:55 - 09:01

The Outcomes of Secondary Healing for Patients with Fingertip Injuries: A Systematic Review and Meta-Analysis

**Ibrahim R. Halawani, MD**

09:01 - 09:07

Endoscopic Carpal Tunnel Surgery

**Wisam Menesi, MD**

09:07 - 09:13

Arthroscopic Scaphotrapeziotrapezoid Arthrodesis for STT Osteoarthritis: A Retrospective-Evaluated Multicenter Study of 11 Cases

**Bert Vanmierlo, MD**

09:13 - 09:19

Scaphoid Fractures Under the Microscope: An Evidence-Based Treatment Review

**Aleksandar Bogicevic, MD**

09:19 - 09:25

Comparison of Primary Tendon Repair & Delayed Reconstruction in Crush Injuries. Our Clinical Experience

**Mehmet Balci, MD**

09:25 - 09:31

Primary Proximo-Distal Arthrodesis for Severe Dupuytren's Contracture of the Fifth Finger: A Prospective Cohort Study on Functional Outcomes and Safety

**Bert Vanmierlo, MD**

09:31 - 09:45

Q&A

09:45 - 10:00

Opening Ceremony

10:00 - 10:10

*Coffee Break*

10:10 - 12:51

**SESSION 2 | SOFT TISSUE, LIGAMENT & TENDON INJURIES**

Moderators: Sami Hassan, MD - Ehab Aldlyami, MD

10:10 - 10:30

Symposium Aesthetic Mid East  
Air Plasma, The New Advancement in Plasma Surgeries

**TBA**

10:30 - 10:40

Q&A

10:40 - 10:52	Navigating Scapholunate Ligament Injuries: Strategies for Arthroscopic Management	<b>Chung Sze Ryn, MD</b>
10:52 - 11:04	Ulnar-Sided Wrist Pain: Strategies for Arthroscopic Management	<b>Camelia Tang, MD</b>
11:04 - 11:16	Mastering Perilunate Injuries: My Surgical Approach	<b>Sreedharan Sechachalam, MD</b>
11:16 - 11:28	Extensor Tendon Injuries - Do's and Dont's	<b>Abby Choke, MD</b>
11:28 - 11:40	Arthroscopic TFCC Repairs: A Critical Look at the Evidence	<b>Chung Sze Ryn, MD</b>
11:40 - 11:52	Volar Subluxation of the Thumb's MCP Joint: A Subtle, yet Significant Rare Problem	<b>Abdulrahim Aljayar, MD</b>
11:52 - 12:05	Mastering Acute Flexor Tendon Repairs: Practical Techniques and Surgical Pearls	<b>Camelia Tang, MD</b>
12:05 - 12:17	Unlocking the PIPJ Flexion Contracture: Evaluation Approaches and Tailored Treatment Strategies	<b>Abby Choke, MD</b>
12:17 - 12:29	Ligamentotaxor in MCP Joint of the Thumb	<b>Mohamed Ali, MD</b>

12:29 - 12:41 Splinting Vs. Unrestricted Early Mobilisation of Internally Fixed Metacarpal Fractures. A Randomised Control Trial | **Sonja Cerovac, MD**

12:41 - 12:51 Q&A

**12:51 - 14:10** *Lunch & Prayer Break*

**14:10 - 17:37** **SESSION 3 | FRACTURES**  
Moderators: Bayan Ghaliyma, MD - Mohammed Mostafa Al Mahy, MD

14:10 - 14:25 Symposium KLS Martin  
IPS 3D Corrective Osteotomy of Radius/Forearm Malunion | **Stephan Schindele, MD**

14:25 - 14:45 Symposium Pfizer  
Bilateral Carpal Tunnel Syndrome - Correlation with ATTR-CM | **Hani Sabbour, MD**

14:45 - 14:55 Q&A

14:55 - 15:15 Symposium Orthohouse  
Design Meets Function: Innovation Through the Volare-E Plate | **André Mathias Baptista, MD**

15:15 - 15:27	The Distal Osteoporotic Radius Fractures Silent Epidemic: A Practical Guide to Decision-Making	<b>Mala Satkunanantham, MD</b>
15:27 - 15:39	Arthroscopic Assisted Distal Radius Fixation	<b>Abby Choke, MD</b>
15:39 - 15:51	Distal Radius Fractures: Treatment & Management of Stiffness	<b>Camelia Tang, MD</b>
15:51 - 16:03	3D Printing Assisted Distal Radius Corrective Osteotomy	<b>Wang Qiao, MD</b>
16:03 - 16:15	Long Term Follow Up of Dynamic External Fixation of Pilon Fractures Pip Joint	<b>Gray Giddins, MD</b>
16:15 - 16:27	Antegrade Intramedullary Fixation of First Metacarpal Fracture (APL Approach)	<b>Nebojsa Jovanovic, MD</b>
16:27 - 16:39	Scaphoid ORIF: Plate Versus Screws	<b>Shoeib Arshad, MD</b>

16:39 - 16:51	Metacarpal Fractures and Fixation: Applying Evidence to Optimize Outcomes	Warid Altaf, MD
16:51 - 17:03	Dorsal PIP Fracture-Dislocations: Evolving Surgical Solutions for Better Recovery	Prashant Kamble, MD
17:03 - 17:15	Axial Malrotation of Malunited Distal Radius Fractures	Grey Giddins, MD
17:15 - 17:27	Percutaneous Intramedullary Fracture Reduction and Extension Block Pinning for Proximal Interphalangeal Joint - Pilon Fractures Presented by <b>Gowrishankar Saravanamurthy, MD</b>	Hamed Badawi, MD
17:27 - 17:37	Q&A	
17:37	Closing	

07:30 - 08:00

Registration

08:00 - 09:22

### SESSION 4 | FREE PAPER SESSION

Moderators: Nebojsa Jovanovic, MD - Chaitanya Dudakondi, MD

08:00 - 08:06

Efficacy of Orthotic Management Versus Corticosteroid Injections for Trigger Finger: A Systematic Review

**George Hourston, MD**

08:06 - 08:12

Reverse Adipofascial Cross Finger flaps for Fingers Reconstruction

**Medhat Emil Habib, MD**

08:12 - 08:18

Posterior Approach for Spinal Accessory to Suprascapular Nerve Transfer: Technical Description and Outcome Analysis of 23 Cases

**Gaurav Chaturvedi, MD**

08:18 - 08:24

Outcomes Following Scaphoid Prosthetic Arthroplasty: A Systematic Review

**Prerana Gogoi, MD**

08:24 - 08:30

Saving Hand of War Victims in Conflict Sones with Limited Resources

**Sara Ali, MD**

08:30 - 08:36

Interposition Arthroplasty with Poly L/D-Lactide 96/4 Scaffold in Patients with Thumb Carpometacarpal Joint Arthritis

**Jerneja Vidmar, MD**

08:36 - 08:42

Revolutionizing Carpal Tunnel Syndrome Care with Artificial Intelligence: Review of Literature

**Ibtihal Al Kindi, MD**

08:42 - 08:48

The Anterior Approach in Perilunate Carpal Dislocation: A Report of 16 Cases

**Zryouil Bouchaib, MD**

08:48 - 08:54

Our Applications of Free Pulp & Free Supbra Flap in Finger Defects

**Yasin Canbaz, MD**

08:54 - 09:00

Comparative Outcomes of Kite & Littler Flaps in Thumb Defects: A Retrospective Study of 26 Cases

**Berkan Şanlı, MD**

09:00 - 09:06

Rhizarthrosis: Study of 14 Thumbs Were Operated by Tmc Arthrodesis

**Amjad Abdelhai, MD**

09:06 - 09:12

Early Mobilization Versus Immobilization After Surgical Fixation of Distal Radius Fractures: A Sistemático Review and Meta-Analysis of Randomized Controlled Trials

**Nader Hassan, MD**

09:12 - 09:22

Q&A

09:22 - 10:47	<b>SESSION 5   CONGENITAL, INFECTIONS, TUMORS &amp; PEDIATRIC</b> Moderators: Carla Baldrighi, MD - Christiana Savvidou, MD	
09:22 - 09:34	Ulnar Longitudinal Deficiencies: Personalized Treatment Plans for Enhanced Function	<b>Warid Altaf, MD</b>
09:34 - 09:46	Restoration of Hand Function in OBPP	<b>Mohamed Mostafa Kotb, MD</b>
09:46 - 09:58	Radial Longitudinal Deficiency: Surgical Solutions & Tips for Functional Reconstruction	<b>Maged El-Shennawy, MD</b>
09:58 - 10:10	Continuous Catheter Irrigation for Treatment of Hand and Wrist Infection: Minimally Invasive Approach	<b>Wang Qiao, MD</b>
10:10 - 10:22	Exploring the Clinical Efficacy of Transcranial Magnetic Stimulation (TMS) for Reducing Central Sensitization in Upper Limb Tendinopathy	<b>Samira Cutts, MD</b>
10:22 - 10:37	Symposium Al Hayat Clinical Educational Manager / Medskin Solutions	<b>Maher Khatib, MD</b>
10:37 - 10:47	Q&A	

10:47 - 11:02

*Coffee Break*

11:02 - 13:15

### SESSION 6 | ARTHRITIS & JOINT REPLACEMENT

Moderators: Shoaib Arshad, MD - Sharif Ban, MD

11:02 - 11:17

Symposium KLS Martin  
Surface Replacement for PIP Arthroplasty?

Stephan Schindele, MD

11:17 - 11:37

Symposium DePuySynthes  
VOLT, The New Era in Plating Innovation

Alaa Bou Ghannam, MD

11:37 - 11:52

Symposium AstraZeneca  
When The Hands Speak First:  
Carpal Tunnel as the Silent Signal of ATTR Amyloidosis

Arif Al Mulla, MD

11:52 - 12:02

Q&A

12:02 - 12:14

Decoding Hand and Wrist Arthritis:  
Optimal Timing, Techniques, and Patient Selection

Mala Satkunanantham, MD

12:14 - 12:26

Joint Replacement or Arthrodesis of Thumb IP Joint?

Stephan Schindele, MD

12:26 - 12:38 Kienböck Disease: Insights Into Natural Course and Surgical Decision-Making | **Ahmed Alfaleh, MD**

12:38 - 12:50 Basal Thumb Osteoarthritis and Implant Arthroplasty | **Sreedharan Sechachalam, MD**

12:50 - 13:02 Selective Denervation for CMC Osteoarthritis:  
Review of Recent Literature & Outcomes | **Bayan Ghalimah, MD**

13:02 - 13:14 Arthroscopic Scaphocapitate Fusion (State of Art) | **Ahmed Semaya, MD**

13:14 - 13:24 Q&A

*13:24 - 14:15 Lunch Break*

14:15 - 16:04 **SESSION 7 | SOFT TISSUES & MICROSURGERY**  
Moderators: Ammar Aldhamin, MD - Iraj Ahmadi, MD

14:15 - 14:30 Symposium AMICO  
Innovation at Hand: Evolving Deformity Correction  
& Fractures Management Through Arthrex Technology | **Jonathan Roberts, MD**

14:30 - 14:42

Versatility of Flaps in Hand and Wrist Reconstruction:  
A Two-Year Institutional Experience

**Manal Mohammad Khan, MD**

14:42 - 14:54

Versatile Solutions for Thumb and Digit Defects:  
Flap Techniques

**Sreedharan Sechachalam, MD**

14:54 - 15:06

Perforator Flaps in Upper Extremity

**Khalid Alawadi, MD**

15:06 - 15:18

Microsurgical Reconstruction of the Lower Limb

**Mala Satkunanantham, MD**

15:18 - 15:30

How Wide Awake Surgery Transforming Patient  
Access and Outcome

**Faruq Algandoz, MD**

15:30 - 15:42

Upper Extremity Contractures & Free Flaps

**Perçin Karakol, MD**

15:42 - 15:54

Comparative Long-Term Outcomes of 41 Fingertip  
Replantation in Adults

**Yasin Canbaz, MD**

15:54 - 16:04

Q&A

16:04 - 17:38

### SESSION 8 | PERIPHERAL NERVE PATHOLOGY & MICROSURGERY

Moderators: Sreedharan Sechachalam, MD - Chaitanya Dudakondi, MD

16:04 - 16:16

Posterior Approach for Nerve Transfer for Restoration of Shoulder Function in Brachial Plexus Palsy

**Masoud Yavari, MD**

16:16 - 16:28

Complex Regional Pain Syndrome (CRPS)  
Occupational Therapy Perspective

**Mohamud Amin, MD**

16:28 - 16:40

Role of Hyperselective Neurectomy for Upper Limb Spasticity

**Chung Sze Ryn, MD**

16:40 - 16:52

Supercharged End-to-Side Anterior Interosseous to Ulnar Motor Nerve Transfer for Intrinsic Musculature Reinnervation in Cubital Tunnel Syndrome

**Masoud Yavari, MD**

16:52 - 17:04

Endoscopic Carpal Tunnel Syndrome - Single Surgeon UAE Experience

**Sami Hassan, MD**

17:04 - 17:16	Improved Neurotization in High Median Nerve Injury with Side-to-Side Ulnar to Median H-Shaped Nerve Graft	Masoud Yavari, MD
17:16 - 17:28	Tendon Transfers for Reconstruction of the Flail Arm after Traumatic Brachial Plexus Injury (TBPP)	Yasin Canbaz, MD
17:28 - 17:38	Q&A	
17:38	Closing	

# **CADAVERIC WORKSHOP**

**PROGRAM**

# WORKSHOP

## ROOM 1

DAY 3 | November 9, 2025  
Sharjah Surgical Institute, UAE

08:00 - 08:45

Faculties: Khalid Alawadi, MD  
Volar Approach Distal Radius

|  DePuy Synthes

08:45 - 09:30

Faculties: Shoaib Arshad, MD  
Dorsal Approach Distal Radius

|  DePuy Synthes

09:30 - 10:15

Percutaneous Fixation Scaphoid

|  DePuy Synthes

*10:15 - 10:30*

*Coffee Break*

10:30 - 11:15

Radial Styloid Fixation with Headless Screws

|  DePuy Synthes

11:15 - 12:00

TFCC Fixation with Anchor

|  DePuy Synthes

*12:00 - 13:00*

*Lunch Break*

13:00 - 13:45

Faculties: Ehab Aldlyami, MD  
Cmc Joint Arthroplasty

|  medartis®  
PRECISION IN FIXATION  BAYAN MEDICAL CO.

13:45 - 14:30

Metacarpal Intramedullary Fixation

|  medartis®  
PRECISION IN FIXATION  BAYAN MEDICAL CO.

# WORKSHOP

## ROOM 1

DAY 3 | November 9, 2025  
Sharjah Surgical Institute, UAE

14:30 - 15:15

Faculties: Sami Hassan, MD  
Corrective Osteotomy Proximal Phalanx

medartis®  
PRECISION IN FIXATION

 BAYAN MEDICAL CO.

15:15 - 16:00

Unicondylar Fracture with Headless Screw

medartis®  
PRECISION IN FIXATION

 BAYAN MEDICAL CO.

16:00 - 16:45

Hook Plate Mallet Fracture

medartis®  
PRECISION IN FIXATION

 BAYAN MEDICAL CO.

# WORKSHOP

## ROOM 2

DAY 3 | November 9, 2025  
Sharjah Surgical Institute, UAE

08:00 - 08:45

Faculties: Stephan Schindler, MD  
Volar Approach Distal Radius

| **KLS martin**  
GROUP

08:45 - 09:30

Faculties: Nebojsa Jovanovic, MD  
Dorsal Approach Distal Radius

| **KLS martin**  
GROUP

09:30 - 10:15

Faculties: Basem Saraj, MD  
Fragment Specific Distal Radius

| **KLS martin**  
GROUP

*10:15 - 10:30*

*Coffee Break*

10:30 - 11:15

Ulna Shortening Osteotomy

| **KLS martin**  
GROUP

11:15 - 12:00

Capflex PIP Joint

| **KLS martin**  
GROUP

*12:00 - 13:00*

*Lunch Break*

# WORKSHOP

## ROOM 2

DAY 3 | November 9, 2025  
Sharjah Surgical Institute, UAE

13:00 - 13:45

Faculties: André Mathias Baptista, MD  
Metacarpal Boxer Fracture (Y-plate)



13:45 - 14:30

Proximal Phalanx Fracture (T-plate)



14:30 - 15:15

Middle Phalanx Fracture (Straight Plate)



15:15 - 16:00

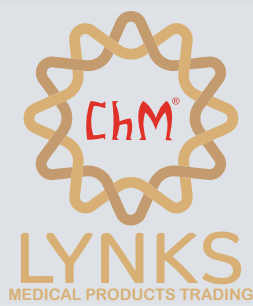
CMS 4-Corner Small



16:00 - 16:45

RCS with Metacarpal Extension





ORGANIZED BY:



UAE | Lebanon | Kuwait | Iraq