

*Under the High Patronage and the  
The Parliament Speaker his Excellency  
Mr. Nabih Berri*

**The Second International Congress  
of Al Zahraa University Hospital**



**Final Program**

"Medico Surgical Controversies in  
Cardiology and Gastroenterology"

**In collaboration with :**

- **Balamand University** , Faculty Of Medicine
- **Lebanese University** , Faculty Of Medicine
- **Beirut Arab University** , Faculty Of Medicine

**February 17 - 20, 2010**



## Dear Colleagues and Friends,

We are pleased to welcome you to our second International congress in Al Zahraa University Hospital "Medico Surgical Controversies in Cardiology and Gastroenterology "

This event will take place at Al Zahraa Hospital from 17th to the 20th of February 2010. Our utmost goal as physicians is to guarantee the best treatment and care for our patients.

This conference will tackle, and in a different manner, all the suspending "Controversial" topics in Cardiology and Gastroenterology via debates among more than 40 doctors who came from Europe, the Arab world and Lebanon in an attempt to look for answers to questions, in which the "truth" is still at least uncertain. The medical truth rejects the "unilateral vision".

It is the fruit of scientific and humanitarian interaction. This is how the idea of the conference emanated. The debates in this conference will help each and every one of us to draw up his/her own truth.

On behalf of the dedicated team working with us for the success of the congress, we invite you to take advantage of this outstanding scientific event, and we extend our thanks to the faculties of Medicine at the Lebanese, Balamand and Arab Universities for their great support.

Looking forward to your attendance and participation.....

You are most welcome!!

The Chairmen of the Congress

**Joseph Elias M.D**  
**Ghassan Dughman M.D**

■ Chairman of Al Zahraa University Hospital  
Mr. Mohammad Cheaito

■ Chairmen of the Congress  
Dr. Joseph Elias  
Dr. Ghassan Dughman

## Organizing Committee

-	Dr. Mohammad Mansour	(Cardiology)	Chairman
-	Dr. Majdeh Hemadeh	(Nephrology)	
-	Dr. Mahmoud Hallal	(Gastroenterology)	
-	Dr. Riad Sahily	(General Surgery)	
-	Dr. Ali Bechara	(General Surgery)	
-	Dr. Ghassan Jaafar	(General Surgery)	
-	Dr. Ali Farhat	(Cardiology)	
-	Dr. Suleiman Mokdad	(Cardiology)	
-	Dr. Nabil Sahily	(Cardiology)	
-	Dr. Sami Harajly	(General Surgery)	

## Scientific Committee

-	Dr. Ali Khalil	(Gastroenterology)	Chairman
-	Dr. Haitham Zarzour	(Nephrology)	
-	Dr. Samer Dbouk	(General Surgery)	
-	Dr. Hussam Bitar	(General Surgery)	
-	Dr. Hussein Msheimesh	(General Surgery)	
-	Dr. Malek Rahal	(Cardiology)	
-	Dr. Ahmad Rammal	(Cardiology)	
-	Dr. Wael Shalak	(Cardiology)	
-	Dr. Hasan Ghandour	(Cardiology)	

## Lebanese Speakers

### Fadi Abou Jaoude, MD

Associate Professor of Cardiology  
Head Interventional Cardiology,  
St George University Hospital  
University of Balamand, Beirut, Lebanon

### Tony Abdel Massih, MD

Cardiologist  
Faculty of Medicine, USJ  
Maitre de Conference

### Amir Abdel Nour, MD

FRCS, Beirut-Lebanon

### Bassam Abi Khalil, MD

Associated Professor of Cardia Surgery  
Head of Cardiac Surgery Department  
St George University Hospital of Balamand

### Antoine Abi Rached, MD

Head of Gastroenterology Department  
St Charles Hospital

### Rabih Azar, MD

Associated Professor of Cardiology  
Hotel Dieu de France

### Hussam Bitar, MD

Surgery Department  
Al Zahraa University Hospital

### Wael Chalak, MD

Chief of Cardiology of Faculty of Medical Sciences  
Lebanese University  
Past President of LSC and CS

### Ziad Ghazal, MD

Professor of Cardiology  
Depute Vice President and Dean  
American University of Beirut  
**Mohamad Haidar, MD**  
Head of Nuclear Medicine Department  
Mount Lebanon Hospital

### Malek Hamadeh, MD

Cardiologist  
Rassoul Al Aazam Hospital

### Carma Karam, MD

AIHP, ACCA, FACC,  
Clinic Medical du Ring, Beirut

### Abdel Karim Najib, MD

Cardiologist, Beirut-Lebanon

### Salem Khoury, MD

Assistant Professor of Gastroenterology  
Saint George Hospital  
Balamand University

### Ali Khalil, MD

Chief, Division of Gastroenterology  
at Zahraa University Hospital  
Head of Endoscopic Department  
of Rafik Hariri University Hospital  
Lebanese University, Medical School

### Hassan Mansour, MD

Cardiac Electrophysiology and Pacing  
Beirut Cardiac Institute  
Al Rassoul Al Aazam Hospital

## Lebanese Speakers

### **Bassem Safadi, MD**

Associate Professor of Clinical  
Surgery Department  
Amercian University of Beirut

### **Ali Shokr, MD**

Associate Professor Lebanese University  
Faculty of Medicine

### **Raymond Sayegh, MD**

Head of Gastroenterology Department  
Hotel Dieu de France

### **Georges Tedy, MD**

Chief of Cardiac Surgery Department  
Clinic Du Levant, Beirut

### **Fadi Turkieh, MD**

Cardiology Department  
Centre Hospitalier du Nord, Lebanon

### **Samer Nasr, MD**

Clinical Cardiac electrophysiologist  
Mount Lebanon Hospital

### **Ziad Rassi, MD**

Associate Professor of General Surgery  
Head of Division  
St George Hospital University of Balamand

## International Speakers

### **Ihab Abdel Fattah, MD**

Professor of Cardiology  
Alexandria University, Egypt

### **Imad Al Haddad, MD**

Professor of Cardiology  
Jordan Hospital

### **Prof. Roland Asmar**

Associated Professor of Medicine Medical Director of the  
"Centre de Medicine Cardiovasculaire"  
President of the "International Society of Vascular Health"  
President of the French – Lebanese Medical Association "AMFL"

### **Najmeddine Echahidi Mohammed, MD**

Professor of Cardiology  
Limoges, France

### **Prof. Martine Gilard**

Professor of Cardiology  
CHU de Brest, France

### **Assef Kassem, MD**

Consultant Interventional Cardiologist  
Mayday University Hospital  
Kings college Hospital London

### **Aziz Karaa, MD**

Professor of Surgery  
France

### **Prof. Jacques Mansourati**

Professor of Cardiology  
CHU de Brest, France

### **Dania Mohty, MD**

Professor of Cardiology  
Limoges, France

### **Amr Hassan Mostafa, MD, FSCAI**

Associated Professor of Cardiology  
Cairo University & Interventional Cardiology  
Dar Al Fouad Hospital  
Cairo, Egypt

### **Thierry Ponchon, MD**

Professor of Gastroenterology  
Edward Heriaut Hospital  
Lyon, France

### **Ashraf Reda, MD, FES**

Professor and Head of Cardiology Department  
College of Medicine, Menofiya University  
President Elect of WGLVR  
Chairman of the Egyptian Board of Accreditation in  
Cardiology  
As. Secretary, Egyptian Society of Cardiology

### **Sameh Salama, MD**

Professor of Cardiology  
Cairo University, Egypt

Wednesday February 17 , 2010

05h00 pm : **Opening Ceremony**

Thursday, February 18, 2010

**MEDICO SURGICAL CONTROVERSIES IN GASTROENTEROLOGY**

**Session I: Complications of pancreatitis & Barrett's esophagitis and Achalasia**

**Moderators:** Negib Geahchan, MD – Fouad Zaarour, MD

09:00-09:15: Endoscopic management of severe pancreatitis  
09:20-09:35: Management of Complicated pancreatitis  
09:40-09:50: Discussion  
09:55-10:10: Management of reflux disease and its complication  
10:15-10:30: Reflux Esophagitis, Achalasia & Surgery  
10:35-10:45: Discussion

Thierry Ponchon MD  
Aziz Karaa MD

Thierry Ponchon MD  
Bassem Safadi MD

**10:50-11:20: Coffee Break**

**Session II: Early stage GI tract tumors**

**Moderators:** Mahmoud Faour, MD - Mahmoud Hallal, MD

11:25-11:40: Early GI Tract Cancer Tumors  
11:45-12:00: Early GI tract Tumors Surgical Management  
12:05-12:15: Discussion

Antoine Abi Rached MD  
Ali Shokr MD

**12:20-01:55: Lunch Break**

**Session III: Primary CBD stones & IBD complications**

**Moderators:** Iyad Issa, MD – Pierre Yared, MD

02:00-02:15: Role of Sphincterotomy in Primary CBD stones  
02:20-02:35: Primary CBD Stones in Surgery  
02:40-02:50: Discussion  
02:55-03:10: Complications of IBD and Endoscopy  
03:15-03:30: Surgical Management of IBD complications  
03:35-03:45: Discussion

Raymond Sayegh MD  
Ziad Rassi MD

Salem Khoury MD  
Amir Abdel Nour MD

**3:50-4:20: Coffee Break**

**Session IV: End Stage Colon Cancer**

**Moderators:** Riad Sahily, MD – Radwan Zahreddine, MD

04:25-04:40: Role of stenting in Advanced Colo-Rectal Cancer  
04:45-05:00: End Stage Colo-Rectal Cancer  
05:05-05:15: Discussion

Ali Khalil MD  
Hussam Bitar MD

Friday, February 19, 2010

**MEDICO SURGICAL CONTROVERSIS IN CARDIOLOGY**

**Session I: Arrhythmia and heart failure**

**Moderators:** Hassan Mansour, MD – Maurice Khoury, MD – Hady Skoury, MD

09:00 – 09:30: Is left Ventricular injection faction alone sufficient to decide ICD implantation?  
**Pro:** Samer Nasr, MD  
**Cont:** Jacques Mansourati, MD

09:30 – 10:00: Ablation of ventricular tachycardia in patient with LV Dysfunction eliminates the need for ICD?  
**Pro:** Najmeddine Echahidi, MD  
**Cont:** Jacques Mansourati, MD

10:00 – 10:30: Management of atrial fibrillation  
**Medical:** Hassan Mansour, MD  
**Ablation:** Najmeddine Echahidi, MD

**10:30 – 11:00: Coffee Break**

**Session II: Lectures**

**Moderators:** Ghassan Kiwan, MD – Richard Zaloum, MD

11:00 – 11:30: Hypertension management in 2010: New guide lines  
11:30 – 12:00: Role of Echo in the management of valvular heart Disease

Roland Asmar, MD  
Dania Mohty, MD

**Symposium: PTS inc**

**Moderators:** Samer Kabbani, MD – Hicham Dib, MD

12:00 – 12:45: Drug Eluted balloons: Myth or reality

Assef Kassem, MD

**12:45 – 14:00: Lunch Break**

### Session III: Interventional cardiology

**Moderators:** Labib Abou Dahr, MD - Tony Sarkis, MD - Ali Kouweiyes, MD

14:00 - 14:30: Where do we stand after Synthax?

**PTCA:** Imad Alhaddad, MD

**CABG:** Bassam Abi Khalil, MD

14:30 - 15:00: Should we reperfuse an occluded artery at a late stage?

**Pro:** Fady Abou Jaoude, MD

**Cont:** Sameh Salama, MD

15:00 - 15:30: DES for all patients without contraindications to dual antiplatelets therapy?

**Pro:** Imad Al Haddad, MD

**Cont:** Amer Hassan Mostafa, MD

### Session IV: Lecture

**Moderators:** Joseph Elias, MD - Ziad Ghazzal, MD

16:00 - 17:00: Percutaneous valve replacement in 2010

Martine Gilard, MD

### Session V: Round Table

#### Management of Acute Coronary syndrome in 2010

**Moderators:** Rabih Azar, MD - Ihab Abdel Fattah, MD - Ziad Ghazzal, MD

Martine Gilard, MD - Assaf Kassem, MD - Georges Teddy, MD

17:00 - 17:20: Clopidogrel: I have the data

Assef Kassem, MD

17:20 - 17:40: Prasugrel: I have the efficacy

Martine Gilard, MD

17:40 - 18:00: Ticagrelor: I have the future

Ziad Ghazzal, MD

18:00 - 18:20: Copies and generics: I have the availability

Ihab Abdel Fattah, MD

18:20 - 18:40: Anti IIb IIIa: To be or not to be

Rabih Azar, MD

18:40 - 19:00: ACS and surgery: I have the courage

Georges Tedy, MD

### Symposium: Sponsored by Astra Zeneca

**Moderator:** Malek Hamadeh MD

19:00 - 19:45: Place of ARB in hypertension diabetic patients: Role of ATACAN

Roland Asmar, MD

Saturday, February 20, 2010

### Moderators: Pharmacology

**Moderators:** Nadim timani, MD - Hamid El Bayeh, MD - Jose Khabout, MD

09:00 - 09:30: LDL cholesterol reduction

How low you bring it?

How you bring it low?

Sameh Salama, MD

Ashraf Reda, MD

09:30 - 10:00: Blood pressure reduction:

How low you bring it?

How you bring it low?

Wael Chalak, MD

Roland Asmar, MD

10:00 - 10:30: A R B:

Class effet

No class effet

Fadi Turkieh, MD

Tony Abdel Massih, MD

10:30 - 11:00: Coffee Break

### Session II: Ischemic Heart Disease

**Moderators:** Sobhi Dada, MD - Ali Dirani, MD - Joseph Haddad, MD

11:00 - 11:30: Acute Intervention in non STEMI isn't it better to wait?

**Pro:** Malek Hmadeh, MD

**Cont:** Abdel Karim Najib, MD

11:30 - 12:00: Should we dilate the non infarct related artery in patients with multi vessel Disease?

**Pro:** Ihab Abdel Fattah, MD

**Cont:** Carma Karam, MD

12:00 - 12:30: Myocardial viability studies do we need them?

**Pro:** Mohamad Haidar, MD

**Cont:** Amer Hassan Mostafa, MD

